



Faux Nutella Matzo Sandwiches

 Dairy Free

READY IN



5 min.

SERVINGS



3

CALORIES



406 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 cup chocolate chips
- ☐ 4 sheets matzo
- ☐ 0.5 cup julienne-cut oil-packed sun-dried tomatoes

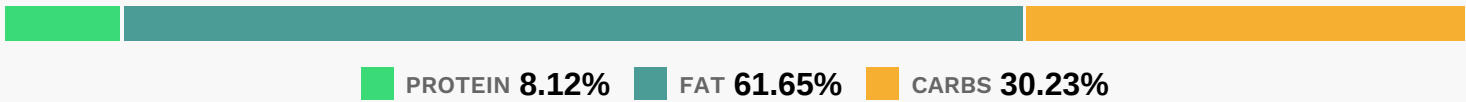
Equipment

Directions

- ☐ Save Recipe

- ☐ Print Recipe
- ☐ Faux Nutella Matzo Sandwiches
- ☐ Ingredients1/2 cup chocolate chips1/2 cup sunflower seed butter4 matzo sheets
- ☐ Total Time: 5 Minutes
- ☐ Servings: 3/4 cup faux Nutella spread
- ☐ Kosher Key: Pareve, Kosher for Sephardic Passover

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-6, Nutrition Score:13.029999988639%

Nutrients (% of daily need)

Calories: 406.17kcal (20.31%), Fat: 29.26g (45.01%), Saturated Fat: 7.53g (47.05%), Carbohydrates: 32.28g (10.76%), Net Carbohydrates: 32.24g (11.72%), Sugar: 17.15g (19.05%), Cholesterol: 0mg (0%), Sodium: 1.3mg (0.06%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 8.67g (17.34%), Manganese: 0.92mg (45.93%), Magnesium: 160.23mg (40.06%), Copper: 0.78mg (39.04%), Phosphorus: 320.12mg (32.01%), Vitamin B5: 3.04mg (30.39%), Folate: 102.93µg (25.73%), Vitamin B6: 0.35mg (17.41%), Zinc: 2.31mg (15.37%), Vitamin B3: 2.35mg (11.74%), Iron: 2.08mg (11.55%), Vitamin B1: 0.14mg (9.01%), Vitamin B2: 0.13mg (7.88%), Calcium: 74.47mg (7.45%), Potassium: 118.41mg (3.38%), Vitamin C: 1.17mg (1.42%)