



## Festive Holiday Bark

 Dairy Free

READY IN



45 min.

SERVINGS



42

CALORIES



51 kcal

DESSERT

### Ingredients

- 0.5 cup candy-coated chocolate green red
- 2 cups pretzel twists
- 16 ounces vanilla confectioners' coating flavored

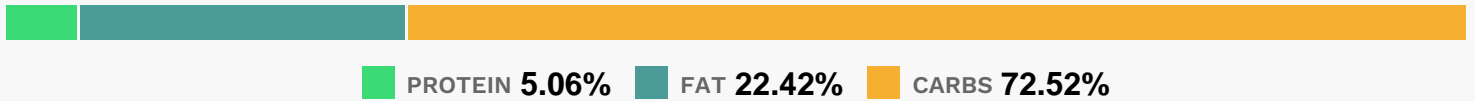
### Equipment

- bowl
- baking sheet
- baking paper
- microwave

## Directions

- Line a cookie sheet with waxed paper or parchment paper.
- Place candy coating in a microwave safe bowl. Microwave for 2 1/2 minutes. Stir, and microwave at 30 second intervals until completely melted and smooth.
- Place pretzels and candy coated chocolate pieces in a large bowl.
- Pour melted coating over and stir until well coated.
- Spread onto waxed paper lined baking sheet.
- Let stand until firm or place in refrigerator to set up faster. Store in a container at room temperature.

## Nutrition Facts



## Properties

Glycemic Index:1.98, Glycemic Load:1.29, Inflammation Score:-1, Nutrition Score:0.44260869693497%

## Nutrients (% of daily need)

Calories: 51.31kcal (2.57%), Fat: 0.64g (0.99%), Saturated Fat: 0.37g (2.29%), Carbohydrates: 4.69g (1.56%), Net Carbohydrates: 4.55g (1.66%), Sugar: 2.96g (3.29%), Cholesterol: 0.37mg (0.12%), Sodium: 27.75mg (1.21%), Alcohol: 3.72g (100%), Alcohol %: 30.78% (100%), Protein: 0.33g (0.65%), Manganese: 0.04mg (2.19%)