



Festive Holiday Bark

 Dairy Free

READY IN



45 min.

SERVINGS



42

CALORIES



51 kcal

DESSERT

Ingredients

- ☐ 0.5 cup candy-coated chocolate green red
- ☐ 2 cups pretzel twists
- ☐ 16 ounces vanilla confectioners' coating flavored

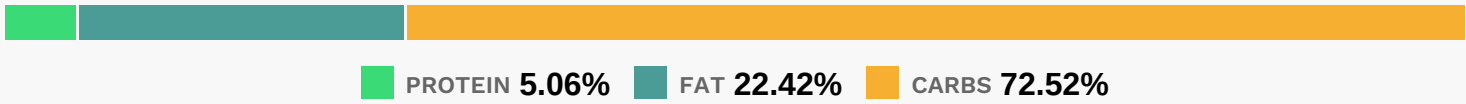
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ baking paper
- ☐ microwave

Directions

- ☐ Line a cookie sheet with waxed paper or parchment paper.
- ☐ Place candy coating in a microwave safe bowl. Microwave for 2 1/2 minutes. Stir, and microwave at 30 second intervals until completely melted and smooth.
- ☐ Place pretzels and candy coated chocolate pieces in a large bowl.
- ☐ Pour melted coating over and stir until well coated.
- ☐ Spread onto waxed paper lined baking sheet.
- ☐ Let stand until firm or place in refrigerator to set up faster. Store in a container at room temperature.

Nutrition Facts



Properties

Glycemic Index:1.98, Glycemic Load:1.29, Inflammation Score:-1, Nutrition Score:0.44260869693497%

Nutrients (% of daily need)

Calories: 51.31kcal (2.57%), Fat: 0.64g (0.99%), Saturated Fat: 0.37g (2.29%), Carbohydrates: 4.69g (1.56%), Net Carbohydrates: 4.55g (1.66%), Sugar: 2.96g (3.29%), Cholesterol: 0.37mg (0.12%), Sodium: 27.75mg (1.21%), Alcohol: 3.72g (100%), Alcohol %: 30.78% (100%), Protein: 0.33g (0.65%), Manganese: 0.04mg (2.19%)