



Fig and Thistle

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



121 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1 teaspoon let set min. spread such as bonne maman
- 0.5 ounce juice of lemon fresh
- 1.5 ounces tequila

Equipment

Directions

- Add tequila, Cardamaro, lemon juice, and fig preserves to a cocktail shaker and fill with ice. Shake until well chilled, about 20 seconds. Strain into an ice-filled rocks glass.

Nutrition Facts

 PROTEIN 1.27%  FAT 1.47%  CARBS 97.26%

Properties

Glycemic Index:70, Glycemic Load:2.61, Inflammation Score:-2, Nutrition Score:0.63217391834959%

Flavonoids

Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg

Nutrients (% of daily need)

Calories: 120.81kcal (6.04%), Fat: 0.04g (0.06%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 5.8g (1.93%), Net Carbohydrates: 5.68g (2.07%), Sugar: 3.75g (4.17%), Cholesterol: 0mg (0%), Sodium: 2.81mg (0.12%), Alcohol: 14.2g (100%), Alcohol %: 28.26% (100%), Protein: 0.08g (0.15%), Vitamin C: 6.1mg (7.4%)