



Mini Bacon Chicken Pot Pies

READY IN



50 min.

SERVINGS



5

CALORIES



678 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- 12 oz grands flaky refrigerator biscuits refrigerated golden layers® canned
- 12 oz campbell's chicken gravy
- 5 slices bacon crumbled cooked
- 2 cups roasted chicken cubed cooked
- 1 tablespoon cornstarch
- 12 oz savory vegetable mixed frozen thawed
- 0.8 cup milk
- 0.3 teaspoon pepper
- 1 cup potatoes diced refrigerated with onions (from 20-oz bag) cooked

- 2 oz cheddar cheese shredded
- 0.5 teaspoon thyme leaves dried

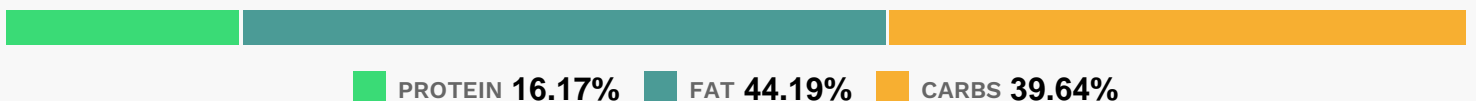
Equipment

- baking sheet
- sauce pan
- oven
- whisk
- ramekin

Directions

- Heat oven to 350F. Spray 5 (10-oz) individual baking dishes (ramekins) with cooking spray.
- Place on large cookie sheet with sides.
- Separate dough into 5 biscuits; cut each biscuit into quarters. Set aside.
- In 3-quart saucepan, stir gravy and cornstarch with wire whisk. Stir in chicken, vegetables, potatoes, milk, thyme and pepper.
- Heat to boiling over medium-high heat, stirring occasionally. Immediately divide hot chicken mixture among baking dishes; top each with 4 biscuit pieces.
- Bake 18 to 20 minutes or until golden brown. Carefully remove from oven.
- Sprinkle cheese evenly over tops of biscuits.
- Bake about 4 minutes longer or until cheese is melted.
- Sprinkle with bacon.
- Let stand 5 minutes before serving.

Nutrition Facts



Properties

Glycemic Index:66.95, Glycemic Load:36.23, Inflammation Score:-10, Nutrition Score:22.193478397701%

Flavonoids

Luteolin: 0.09mg, Luteolin: 0.09mg, Luteolin: 0.09mg, Luteolin: 0.09mg Kaempferol: 0.34mg, Kaempferol: 0.34mg, Kaempferol: 0.34mg, Kaempferol: 0.34mg Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg

Nutrients (% of daily need)

Calories: 677.61kcal (33.88%), Fat: 33.23g (51.12%), Saturated Fat: 11.58g (72.35%), Carbohydrates: 67.06g (22.35%), Net Carbohydrates: 62.46g (22.71%), Sugar: 17.97g (19.97%), Cholesterol: 71.09mg (23.7%), Sodium: 839.38mg (36.49%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 27.35g (54.71%), Vitamin A: 3953.9IU (79.08%), Vitamin B3: 8.83mg (44.14%), Selenium: 26.4µg (37.72%), Phosphorus: 337.03mg (33.7%), Vitamin B1: 0.46mg (30.69%), Vitamin B2: 0.49mg (28.67%), Manganese: 0.55mg (27.62%), Vitamin B6: 0.54mg (27.05%), Folate: 86.85µg (21.71%), Iron: 3.83mg (21.25%), Vitamin C: 15.67mg (18.99%), Fiber: 4.6g (18.39%), Potassium: 615.32mg (17.58%), Calcium: 164.97mg (16.5%), Zinc: 2.43mg (16.2%), Magnesium: 57.75mg (14.44%), Vitamin B5: 1.26mg (12.6%), Vitamin E: 1.8mg (12.02%), Copper: 0.22mg (10.88%), Vitamin B12: 0.57µg (9.46%), Vitamin K: 8.83µg (8.41%), Vitamin D: 0.5µg (3.35%)