



Flag Cake

 Dairy Free

READY IN



135 min.

SERVINGS



15

CALORIES



261 kcal

DESSERT

Ingredients

- 1 box cake mix yellow
- 16 oz vanilla frosting
- 0.3 cup blueberries fresh
- 2 cups strawberries fresh cut in half

Equipment

- frying pan
- oven
- knife

wire rack

Directions

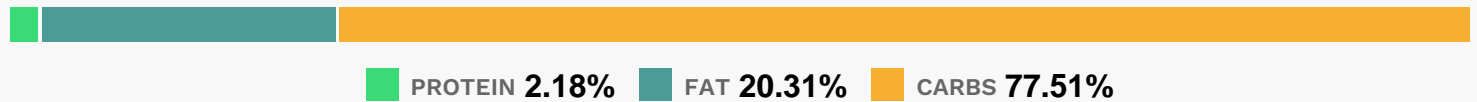
Heat oven to 350°F (325°F for dark or nonstick pan). Make and bake cake mix as directed on box for 13x9-inch pan. Cool 10 minutes. Run knife around sides of pan to loosen cake; remove from pan to cooling rack. Cool completely, about 1 hour.

Place cake on tray. Frost top and sides of cake with frosting.

For flag design, arrange blueberries on upper left corner of frosted cake to create stars; arrange strawberries in rows over frosted cake to create stripes.

Serve immediately. Store covered in refrigerator.

Nutrition Facts



Properties

Glycemic Index:8.2, Glycemic Load:9.42, Inflammation Score:-1, Nutrition Score:4.4039130269185%

Flavonoids

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Nutrients (% of daily need)

Calories: 261.26kcal (13.06%), Fat: 5.93g (9.12%), Saturated Fat: 1.46g (9.13%), Carbohydrates: 50.89g (16.96%), Net Carbohydrates: 50.01g (18.19%), Sugar: 35.27g (39.19%), Cholesterol: 0mg (0%), Sodium: 306.78mg (13.34%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.43g (2.86%), Vitamin C: 11.61mg (14.07%), Phosphorus:

117.29mg (11.73%), Vitamin B2: 0.18mg (10.38%), Calcium: 76.9mg (7.69%), Folate: 30.66µg (7.67%), Manganese: 0.15mg (7.55%), Vitamin B1: 0.09mg (5.9%), Vitamin K: 5.99µg (5.7%), Vitamin E: 0.85mg (5.69%), Vitamin B3: 0.95mg (4.76%), Iron: 0.85mg (4.74%), Fiber: 0.88g (3.51%), Vitamin B6: 0.04mg (1.86%), Copper: 0.04mg (1.8%), Vitamin B5: 0.17mg (1.7%), Potassium: 58.39mg (1.67%), Selenium: 1.14µg (1.63%), Magnesium: 6.44mg (1.61%)