

DRINKS

Flavored Milk Syrup

5 October 2026

TOTAL TIME	PREP	COOK	SERVES	CALORIES
10 min	5 min	5 min	16	97 kcal



Flavored Milk Syrup takes approximately 10 minutes from beginning to end. This beverage has 97 calories, 0g of protein, and 0g of fat per serving. This recipe serves 16. For 4 cents per serving, this recipe covers 0% of your daily requirements of vitamins and minerals. This recipe is liked by 1 food...

Ingredients

- ☐ 0.1 ounce package unsweetened, fruit-flavored soft drink mix
- ☐ 1 cup water
- ☐ 2 cups white sugar

EQUIPMENT Sauce pan

Method

- 1 In a saucepan over medium high heat, combine sugar and water. Cook, stirring, until mixture comes to a boil. Boil for 30 seconds to 1 minute.
- 2 Remove from heat and allow to cool. Stir in drink mix powder.
- 3 To serve: Stir 1 tablespoon syrup into 8 ounces milk, or to taste.

Nutrition per serving

97	0 g	0 g	25 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			0 g · 0% of daily needs
Sugar			25.1 g · 28% of daily needs
Sodium			1.9 mg · 0% of daily needs
Cholesterol			0.1 mg · 0% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/flavored-milk-syrup-148162