



Fontana Pisco Smash



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



41 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

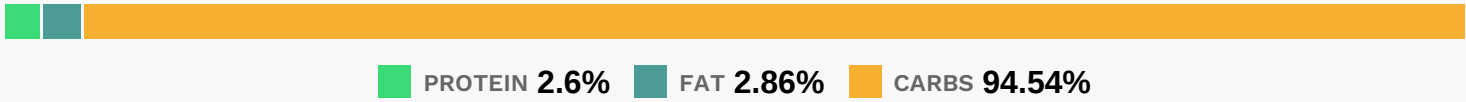
- ☐ 1 serving club soda to taste
- ☐ 4 medium ice cubes
- ☐ 0.8 ounce juice of lemon
- ☐ 1.5 ounce mirin
- ☐ 1 barspoon simple syrup
- ☐ 2 ounce pisco (preferably Quebranta)
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Equipment

Directions

- ☐ In a sturdy, thick-bottomed pint glass from a Boston shaker, use a bar muddler to lightly crush the grapes until they burst.
- ☐ Add the Pisco, Riesling, lemon juice and simple syrup to the mixture; stir lightly to combine and to remove the syrup from the spoon.
- ☐ Place the ice cubes into the metal part of the Boston shaker.
- ☐ Pour the muddled Pisco mixture (including pulp) over the ice. Cap the shaker with the pint glass. Shake vigorously until well chilled, about 20 seconds.
- ☐ Pour all the ingredients, including the ice, into an old fashioned glass. Top with a splash club soda.Like this:Like Loading...

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0.69130435707453%

Flavonoids

Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg, Hesperetin: 3.08mg Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg, Naringenin: 0.29mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 41.39kcal (2.07%), Fat: 0.05g (0.08%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 3.79g (1.26%), Net Carbohydrates: 3.73g (1.35%), Sugar: 1.27g (1.41%), Cholesterol: 0mg (0%), Sodium: 3.8mg (0.17%), Alcohol: 4.04g (100%), Alcohol %: 4.2% (100%), Protein: 0.1g (0.21%), Vitamin C: 8.23mg (9.97%), Folate: 4.25µg (1.06%)