

Four-Layer Pumpkin Cake with Orange-Cream Cheese Frosting

Vegetarian

READY IN

45 min.





DESSERT

Ingredients

| i teaspoon five spice powder chinese |
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| 3 cups flour |
| 2 teaspoons double-acting baking powder |
| 1 teaspoon baking soda |
| 15 ounce pumpkin puree pure canned |
| 16 ounce cream cheese room temperature |
| 3 large eggs room temperature |

| | 2 cups brown sugar packed () | |
|------------|---|--|
| | 1 tablespoon orange zest finely grated | |
| | 2 cups powdered sugar sifted | |
| | 0.5 teaspoon sea salt fine | |
| | 1 cup butter unsalted room temperature (2 sticks) | |
| | 1 halves walnut pieces toasted chopped | |
| | 0.3 cup milk whole | |
| Equipment | | |
| | bowl | |
| | oven | |
| | whisk | |
| | hand mixer | |
| | serrated knife | |
| Directions | | |
| | Position rack in bottom third of oven;preheat to 350°F. Spray two 9-inch cake panswith 11/2-inch sides with nonstick spray. Linebottoms with parchment; spray parchment. | |
| | Whisk flour and next 4 ingredientsin large bowl. Using electric mixer, beatbutter in another large bowl until smooth.Beat in brown sugar. | |
| | Add eggs 1 at a time, beating to blend between additions. Beatin pumpkin. | |
| | Add dry ingredients to buttermixture in 3 additions alternately with milkin 2 additions, beating to blend between additions. Divide batter between pans. | |
| | Bake cakes until tester inserted intocenter comes out clean, about 40 minutes.Cool in pans on rack 15 minutes. Run knifearound cakes to loosen. Invert cakes ontoracks. | |
| | Remove parchment. Using tart panbottom as aid, turn cakes over onto racks,top sides up, and cool completely. DO AHEAD: Can be made 1 day ahead. Wrap cakes inplastic and store at room temperature. | |
| | Using electric mixer, beatbutter in large bowl until smooth. | |
| | Addcream cheese and orange peel; beat untilsmooth. | |
| | | |

| | Add powdered sugar and beat onlow speed until smooth. | |
|-----------------|--|--|
| | Trim rounded tops from cakes. Using long serrated knife, cut each cakehorizontally in half. | |
| | Place 1 cake layer, cut side up, on large platter. Spoon 2/3 cupfrosting atop cake in dollops; spread toedges. Repeat 2 more times with cake andfrosting; top with remaining cake layer, cutside down. | |
| | Spread remaining frosting overtop and sides of cake (layer will be thin).DO AHEAD: Can be made 2 days ahead. Coverwith cake dome; chill. | |
| | Let stand at roomtemperature 1 hour before serving. | |
| | Decorate cake with walnuts and serve. | |
| | * A spice blend that usually contains groundfennel seeds, Szechuan peppercorns, cinnamon, star anise, and cloves; availablein the spice section of most supermarkets. | |
| | Bon Appétit | |
| Nutrition Facts | | |
| | | |
| | PROTEIN 4.96% FAT 42.14% CARBS 52.9% | |

Properties

Glycemic Index:21.42, Glycemic Load:18.11, Inflammation Score:-10, Nutrition Score:14.132173942483%

Nutrients (% of daily need)

Calories: 635.86kcal (31.79%), Fat: 30.32g (46.65%), Saturated Fat: 17.98g (112.39%), Carbohydrates: 85.65g (28.55%), Net Carbohydrates: 83.66g (30.42%), Sugar: 58.19g (64.66%), Cholesterol: 126.16mg (42.05%), Sodium: 412.99mg (17.96%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 8.04g (16.07%), Vitamin A: 6577.07IU (131.54%), Selenium: 18.73µg (26.76%), Vitamin B2: 0.34mg (19.93%), Vitamin B1: 0.27mg (18.3%), Folate: 72µg (18%), Manganese: 0.31mg (15.63%), Iron: 2.69mg (14.92%), Calcium: 143.43mg (14.34%), Phosphorus: 140.96mg (14.1%), Vitamin B3: 2.09mg (10.45%), Vitamin E: 1.3mg (8.64%), Fiber: 1.99g (7.94%), Vitamin B5: 0.79mg (7.86%), Vitamin K: 7.94µg (7.57%), Potassium: 244.21mg (6.98%), Magnesium: 25.54mg (6.39%), Copper: 0.13mg (6.34%), Vitamin B6: 0.1mg (4.98%), Zinc: 0.71mg (4.74%), Vitamin B12: 0.26µg (4.39%), Vitamin D: 0.61µg (4.06%), Vitamin C: 2.24mg (2.72%)