

French 75



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



207 kcal

BEVERAGE

DRINK

Ingredients



3 ounces champagne chilled



2 ounces hendrick's gin



1 tablespoon juice of lemon fresh



1 serving lemon zest for garnish



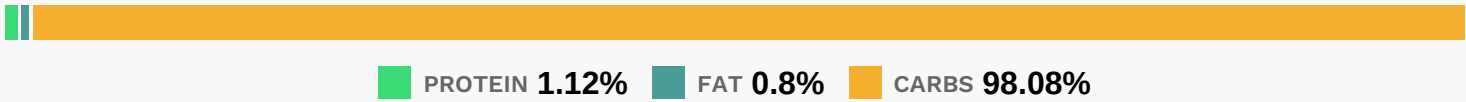
1 tablespoon powdered sugar

Equipment

Directions

- ☐ In cocktail shaker, combine lemon juice, sugar, gin, and ice cubes and shake to chill. Strain cocktail into Champagne flute and top off with Champagne. (Alternatively, Colin Field suggests serving drink over ice in tumbler.)
- ☐ Garnish with lemon peel and serve.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-4, Nutrition Score:1.0652173862833%

Flavonoids

Eriodictyol: 0.73mg, Eriodictyol: 0.73mg, Eriodictyol: 0.73mg, Eriodictyol: 0.73mg Hesperetin: 2.17mg, Hesperetin: 2.17mg, Hesperetin: 2.17mg, Hesperetin: 2.17mg Naringenin: 0.21mg, Naringenin: 0.21mg, Naringenin: 0.21mg, Naringenin: 0.21mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 207.16kcal (10.36%), Fat: 0.04g (0.06%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 10.05g (3.35%), Net Carbohydrates: 9.98g (3.63%), Sugar: 9.19g (10.21%), Cholesterol: 0mg (0%), Sodium: 6.84mg (0.3%), Alcohol: 24.38g (100%), Alcohol %: 18.73% (100%), Protein: 0.12g (0.23%), Vitamin C: 6.06mg (7.35%), Potassium: 91.91mg (2.63%), Magnesium: 9.43mg (2.36%), Iron: 0.38mg (2.12%), Phosphorus: 16.25mg (1.62%), Vitamin B6: 0.02mg (1.24%), Copper: 0.02mg (1.22%)