



Fresh Cherry Galette

READY IN



71 min.

SERVINGS



6

CALORIES



400 kcal

SIDE DISH

Ingredients

- ☐ 1.5 tablespoons buttermilk
- ☐ 1.5 teaspoons cornstarch
- ☐ 3 tablespoons granulated sugar divided
- ☐ 2 teaspoons juice of lemon fresh
- ☐ 0.5 teaspoon lemon rind grated
- ☐ 1.3 pounds rainier cherries fresh pitted
- ☐ 14.1 ounce pie dough refrigerated (such as Pillsbury)
- ☐ 1 tablespoon sugar

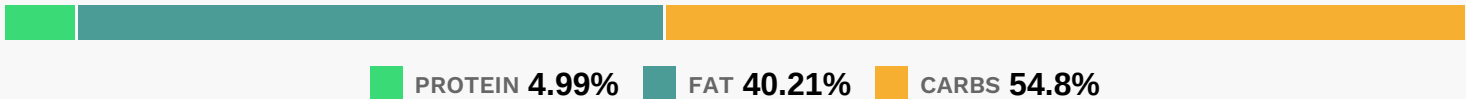
Equipment

- ☐ frying pan
- ☐ baking sheet
- ☐ baking paper
- ☐ oven
- ☐ whisk

Directions

- ☐ Preheat oven to 40
- ☐ Line a baking sheet with parchment paper. Unroll pie dough onto parchment, and roll to a 12 1/2-inch circle.
- ☐ Combine 1 tablespoon sugar and 1 1/2 teaspoons cornstarch, stirring with a whisk.
- ☐ Sprinkle cornstarch mixture over dough, leaving a 2-inch border.
- ☐ Combine the cherries, remaining 2 tablespoons granulated sugar, rind, and juice; toss well to coat. Arrange cherry mixture over dough, leaving a 2-inch border. Fold dough border over cherries, pressing gently to seal (dough will only partially cover cherries).
- ☐ Brush edges of dough with buttermilk.
- ☐ Sprinkle turbinado sugar over cherries and edges of dough.
- ☐ Bake at 400 for 25 minutes or until dough is browned and juices are bubbly.
- ☐ Remove from oven; cool on pan at least 20 minutes before serving.

Nutrition Facts



Properties

Glycemic Index:16.85, Glycemic Load:4.25, Inflammation Score:-2, Nutrition Score:5.4960869492396%

Flavonoids

Eriodictyol: 0.08mg, Eriodictyol: 0.08mg, Eriodictyol: 0.08mg, Eriodictyol: 0.08mg Hesperetin: 0.24mg, Hesperetin: 0.24mg, Hesperetin: 0.24mg, Hesperetin: 0.24mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg

0.02mg, Naringenin: 0.02mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 399.75kcal (19.99%), Fat: 17.52g (26.95%), Saturated Fat: 5.51g (34.42%), Carbohydrates: 53.71g (17.9%), Net Carbohydrates: 50.04g (18.19%), Sugar: 18.79g (20.88%), Cholesterol: 0.41mg (0.14%), Sodium: 276.61mg (12.03%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.9g (9.79%), Manganese: 0.3mg (14.81%), Fiber: 3.68g (14.71%), Vitamin C: 10.31mg (12.5%), Vitamin B1: 0.19mg (12.36%), Folate: 47.18µg (11.79%), Iron: 1.75mg (9.71%), Vitamin B3: 1.8mg (9.02%), Vitamin B2: 0.12mg (7.13%), Selenium: 3.99µg (5.7%), Phosphorus: 51.39mg (5.14%), Vitamin K: 4.87µg (4.64%), Vitamin B5: 0.29mg (2.87%), Magnesium: 10.55mg (2.64%), Copper: 0.05mg (2.61%), Zinc: 0.32mg (2.11%), Potassium: 73.33mg (2.1%), Vitamin E: 0.31mg (2.08%), Calcium: 19.49mg (1.95%), Vitamin B6: 0.04mg (1.79%)