

Fresh-Cranberry Mimosas



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



6

CALORIES



122 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

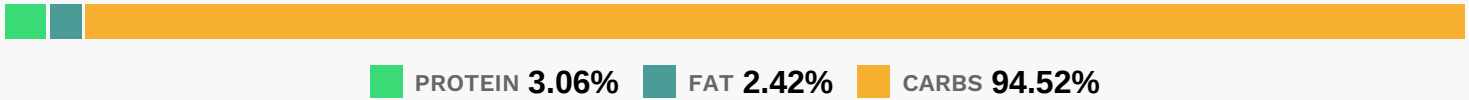
- ☐ 1.5 cups cranberry juice cocktail chilled
- ☐ 1 slices cranberry-orange relish fresh whole for garnishing drinks
- ☐ 1.5 cups orange juice fresh chilled
- ☐ 25.4 ounce sparkling wine chilled

Equipment

Directions

- ☐
- Fill a chilled Champagne flute halfway or slightly more with chilled Champagne or sparkling wine. Top with 1/4 cup orange juice and 1/4 cup cranberry juice.
- ☐
- Float a cranberry or two in each glass, and place orange slices on the rims of or inside the glasses.
- ☐
- Serve immediately.

Nutrition Facts



Properties

Glycemic Index:25.75, Glycemic Load:8.5, Inflammation Score:-6, Nutrition Score:5.2247827130815%

Flavonoids

Cyanidin: 0.23mg, Cyanidin: 0.23mg, Cyanidin: 0.23mg, Cyanidin: 0.23mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg Peonidin: 0.26mg, Peonidin: 0.26mg, Peonidin: 0.26mg, Peonidin: 0.26mg Catechin: 0.12mg, Catechin: 0.12mg, Catechin: 0.12mg Epicatechin: 0.63mg, Epicatechin: 0.63mg, Epicatechin: 0.63mg, Epicatechin: 0.63mg Eriodictyol: 0.11mg, Eriodictyol: 0.11mg, Eriodictyol: 0.11mg, Eriodictyol: 0.11mg Hesperetin: 8.04mg, Hesperetin: 8.04mg, Hesperetin: 8.04mg, Hesperetin: 8.04mg Naringenin: 1.68mg, Naringenin: 1.68mg, Naringenin: 1.68mg, Naringenin: 1.68mg Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.18mg, Myricetin: 0.18mg, Myricetin: 0.18mg, Myricetin: 0.18mg Quercetin: 1.56mg, Quercetin: 1.56mg, Quercetin: 1.56mg, Quercetin: 1.56mg

Nutrients (% of daily need)

Calories: 121.96kcal (6.1%), Fat: 0.19g (0.29%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 16.67g (5.56%), Net Carbohydrates: 16.49g (5.99%), Sugar: 14.33g (15.93%), Cholesterol: 0mg (0%), Sodium: 10.29mg (0.45%), Alcohol: 7.68g (100%), Alcohol %: 3.93% (100%), Protein: 0.54g (1.08%), Vitamin C: 59mg (71.51%), Potassium: 242.69mg (6.93%), Folate: 20.5µg (5.13%), Magnesium: 19.69mg (4.92%), Vitamin B1: 0.06mg (3.86%), Iron: 0.67mg (3.72%), Phosphorus: 29.5mg (2.95%), Vitamin A: 134.31IU (2.69%), Vitamin B6: 0.05mg (2.51%), Copper: 0.05mg (2.39%), Calcium: 20.45mg (2.05%), Vitamin B3: 0.4mg (2%), Manganese: 0.04mg (1.98%), Vitamin B2: 0.03mg (1.85%), Vitamin B5: 0.16mg (1.57%), Vitamin E: 0.17mg (1.12%)