



Fresh Tomato Martini

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



60 min.

SERVINGS



1

CALORIES



835 kcal

BEVERAGE

DRINK

Ingredients

- 16 ounces beefsteak tomatoes cut into large chunks (one large)
- 0.5 teaspoon mirin dry such as dolin good
- 1 serving ice cubes
- 1 cup vodka
- 3 ounces vodka
- 0.3 teaspoon citrus champagne vinegar

Equipment

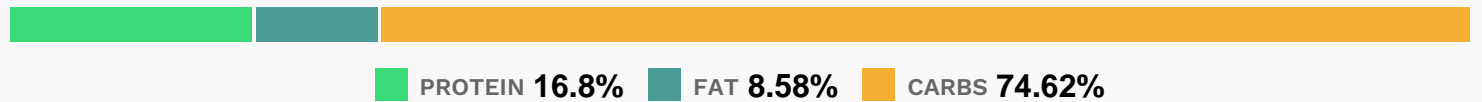
- sieve

- blender
- cheesecloth

Directions

- Combine the tomato and vodka in a blender. Pulse a few times on medium to break up the tomato then blend for about 5 more seconds to form a pulpy puree. Strain the puree through a very fine mesh strainer or a less fine one lined with a double layer of cheesecloth. Stir it gently a few times as it strains, but do not press. Strain until it stops dripping on its own, about 15 minutes. Store in the fridge if not using immediately.
- Pour the tomato vodka, vermouth, and white wine vinegar into a cocktail shaker and fill it with ice. Shake until well chilled, about 20 seconds. Strain into chilled coupe glass and serve immediately.

Nutrition Facts



Properties

Glycemic Index:68, Glycemic Load:4.64, Inflammation Score:-10, Nutrition Score:17.769130540931%

Flavonoids

Naringenin: 3.08mg, Naringenin: 3.08mg, Naringenin: 3.08mg, Naringenin: 3.08mg Kaempferol: 0.41mg, Kaempferol: 0.41mg, Kaempferol: 0.41mg, Kaempferol: 0.41mg Myricetin: 0.59mg, Myricetin: 0.59mg, Myricetin: 0.59mg, Myricetin: 0.59mg Quercetin: 2.63mg, Quercetin: 2.63mg, Quercetin: 2.63mg, Quercetin: 2.63mg

Nutrients (% of daily need)

Calories: 834.75kcal (41.74%), Fat: 0.91g (1.4%), Saturated Fat: 0.13g (0.79%), Carbohydrates: 17.74g (5.91%), Net Carbohydrates: 12.3g (4.47%), Sugar: 11.93g (13.25%), Cholesterol: 0mg (0%), Sodium: 28.83mg (1.25%), Alcohol: 108.8g (100%), Alcohol %: 16.45% (100%), Protein: 3.99g (7.99%), Vitamin A: 3778.42IU (75.57%), Vitamin C: 62.15mg (75.33%), Vitamin K: 35.83µg (34.13%), Potassium: 1078.75mg (30.82%), Manganese: 0.52mg (25.88%), Fiber: 5.44g (21.77%), Vitamin B6: 0.36mg (18.14%), Folate: 68.04µg (17.01%), Vitamin E: 2.45mg (16.33%), Copper: 0.31mg (15.46%), Vitamin B3: 2.69mg (13.47%), Magnesium: 50.51mg (12.63%), Phosphorus: 125.21mg (12.52%), Vitamin B1: 0.18mg (12.27%), Iron: 1.26mg (7.02%), Vitamin B2: 0.11mg (6.41%), Zinc: 0.78mg (5.18%), Calcium: 47.11mg (4.71%), Vitamin B5: 0.4mg (4.04%)