



Fresh White Bloody Mary



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



85 min.

SERVINGS



2

CALORIES



347 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 2 ribs celery peeled roughly chopped
- ☐ 1 house cucumber hot roughly chopped
- ☐ 2 servings cucumber spears for garnish
- ☐ 3 cups grapes green seedless plus more for garnish
- ☐ 4 tomatoes green roughly chopped
- ☐ 2 tablespoons horseradish
- ☐ 2 servings ice cubes crushed
- ☐ 1 jalapeño seeded

- ☐ 2 lime wedges plus more for garnish
- ☐ 1 tablespoon salt and pepper black freshly ground
- ☐ 1 tablespoon caster sugar
- ☐ 2 ounces vodka chilled

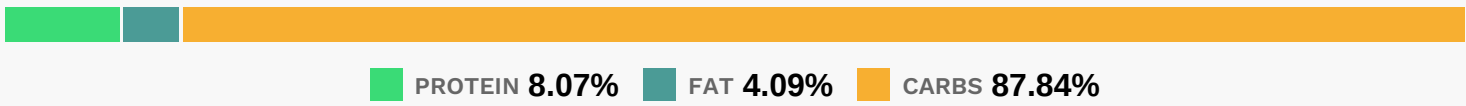
Equipment

- ☐ bowl
- ☐ sieve
- ☐ blender
- ☐ wooden spoon
- ☐ cheesecloth

Directions

- ☐ Add the tomatoes, cucumber, celery, 3 cups of grapes and jalapeno to a blender and puree. Set up a sieve lined with cheesecloth over a large bowl and pour in the pureed mixture. Set the bowl in the refrigerator while it strains.
- ☐ Once you have the extracted the liquid, remove it from the refrigerator.
- ☐ Add the horseradish, superfine sugar and 2 lime wedges to a pitcher and muddle with a wooden spoon. Stir in the extracted tomato juice, some crushed ice and a few splashes of vodka. Stir to combine.
- ☐ Rub a lime wedge on part of the rim of each glass. Dip the rim into the salt and pepper mixture so it sticks to the wet part of the rim.
- ☐ Pour the drink into the glasses and garnish with cucumber spears, celery sticks and a few grapes.

Nutrition Facts



Properties

Glycemic Index:170.55, Glycemic Load:23.93, Inflammation Score:-9, Nutrition Score:25.536956382834%

Flavonoids

Hesperetin: 7.74mg, Hesperetin: 7.74mg, Hesperetin: 7.74mg, Hesperetin: 7.74mg Naringenin: 0.61mg, Naringenin: 0.61mg, Naringenin: 0.61mg, Naringenin: 0.61mg Apigenin: 1.17mg, Apigenin: 1.17mg, Apigenin: 1.17mg, Apigenin: 1.17mg Luteolin: 0.52mg, Luteolin: 0.52mg, Luteolin: 0.52mg, Luteolin: 0.52mg Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg Quercetin: 0.59mg, Quercetin: 0.59mg, Quercetin: 0.59mg, Quercetin: 0.59mg

Nutrients (% of daily need)

Calories: 347.35kcal (17.37%), Fat: 1.45g (2.23%), Saturated Fat: 0.29g (1.83%), Carbohydrates: 69.93g (23.31%), Net Carbohydrates: 61.53g (22.37%), Sugar: 55.37g (61.52%), Cholesterol: 0mg (0%), Sodium: 136.87mg (5.95%), Alcohol: 9.47g (100%), Alcohol %: 1.62% (100%), Protein: 6.43g (12.86%), Vitamin C: 88.16mg (106.86%), Vitamin K: 87.24µg (83.08%), Manganese: 0.97mg (48.43%), Vitamin A: 2122.07IU (42.44%), Potassium: 1357.95mg (38.8%), Copper: 0.7mg (34.84%), Fiber: 8.4g (33.62%), Vitamin B6: 0.56mg (27.88%), Vitamin B1: 0.37mg (24.87%), Vitamin B2: 0.34mg (19.91%), Vitamin B5: 1.92mg (19.21%), Folate: 74.82µg (18.71%), Magnesium: 74.29mg (18.57%), Phosphorus: 171.39mg (17.14%), Iron: 2.97mg (16.49%), Vitamin E: 1.84mg (12.29%), Calcium: 120.59mg (12.06%), Vitamin B3: 2.06mg (10.3%), Zinc: 0.83mg (5.53%), Selenium: 2.23µg (3.18%)