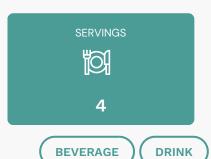


## **Fried Coke**

**Vegetarian** 







## Ingredients

1 cup baking mix
2 quarts canola oil for frying
O.5 teaspoon cinnamon
1.5 cups coca-cola for fritters
O.3 cup flour for dusting all-purpose plus more surface
1 teaspoon granulated sugar
1 cup cup heavy whipping cream
4 maraschino cherries

	0.3 cup sugar	
	1 teaspoon vanilla extract	
Εq	uipment	
	bowl	
	paper towels	
	sauce pan	
	whisk	
	wire rack	
	sieve	
	stand mixer	
	dutch oven	
	tongs	
Directions		
	In a small saucepan heat 1 1/2 cups of Coca Cola over medium high heat until it reduces to just 1/2 a cup of cola concentrate, about 15 minutes.	
	Remove from heat and set aside to cool. While coke is reducing, whip cream and granulated sugar in a stand mixer or by hand until stiff peaks are formed.	
	Combine confectioner's sugar and cinnamon in a large bowl and set aside.	
	Heat oil to 360°F in a large Dutch oven and adjust flame to maintain temperature. While oil is heating prepare the fritter batter.	
	In a large bowl whisk together remaining 1/3 cup of Coca Cola with vanilla. Stir in Bisquick to form a sticky dough.	
	Sprinkle surface of dough with flour until a pliant and less sticky dough forms. Turn the dough out onto a generously floured surface. Flatten the dough into a large square about 1/2' thick and cut into 3/4' square pieces.	
	Roll each square into a little ball.	
	One at a time, place the balls in a shallow heat-resistant strainer then carefully transfer to the hot oil, cooking no more than 4 at a time. Fry for 1 to 2 minutes or until golden on the bottom. Then using heat resistant strainer or tongs, carefully turn fritters and fry until golden brown on	

Nutrition Facts
Serve immediately.
Toss fritters in cinnamon sugar. Divide the fritters among four low ball glasses, drizzle fritters with Coke concentrate then top with whipped cream and a cherry.
Transfer to a paper towel lined wire cooling rack. Repeat, cooking in batches, until all the dough balls have been fried.
second side, about 1 minute longer. Use strainer to remove fritters from hot oil.

PROTEIN 1.52% FAT 82.94% CARBS 15.54%

## **Properties**

Glycemic Index:70.8, Glycemic Load:19.07, Inflammation Score:-8, Nutrition Score:14.686086947503%

## **Nutrients** (% of daily need)

Calories: 1292.18kcal (64.61%), Fat: 120.89g (185.98%), Saturated Fat: 21.85g (136.59%), Carbohydrates: 50.98g (16.99%), Net Carbohydrates: 49.84g (18.12%), Sugar: 28.74g (31.93%), Cholesterol: 67.83mg (22.61%), Sodium: 403.01mg (17.52%), Alcohol: 0.34g (100%), Alcohol %: 0.06% (100%), Caffeine: 7.08mg (2.36%), Protein: 4.98g (9.96%), Vitamin E: 17.16mg (114.4%), Vitamin K: 71.51µg (68.1%), Phosphorus: 227.67mg (22.77%), Vitamin A: 878.84IU (17.58%), Vitamin B2: 0.29mg (16.77%), Vitamin B1: 0.25mg (16.39%), Folate: 54.19µg (13.55%), Manganese: 0.2mg (10.24%), Calcium: 101.36mg (10.14%), Selenium: 6.87µg (9.82%), Vitamin B3: 1.87mg (9.35%), Iron: 1.4mg (7.78%), Vitamin D: 0.95µg (6.35%), Vitamin B5: 0.46mg (4.55%), Fiber: 1.13g (4.53%), Copper: 0.07mg (3.73%), Vitamin B12: 0.21µg (3.54%), Magnesium: 13.85mg (3.46%), Potassium: 119.43mg (3.41%), Zinc: 0.42mg (2.77%), Vitamin B6: 0.05mg (2.4%)