



Frightening Witch's Finger Cookies

 Vegetarian

READY IN



35 min.

SERVINGS



35

CALORIES



83 kcal

DESSERT

Ingredients

- 1 tsp almond extract
- 1.3 cups planters almonds divided sliced
- 0.5 cup butter softened
- 4 oz philadelphia cream cheese softened ()
- 1.5 cups flour
- 0.8 cup powdered sugar
- 0.3 tsp salt

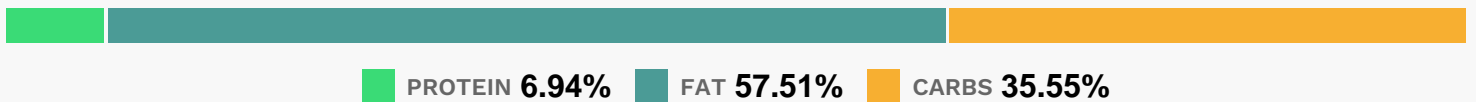
Equipment

- food processor
- bowl
- baking sheet
- oven
- knife
- blender

Directions

- Heat oven to 325F.
- Reserve 40 nuts for later use; process remaining nuts in food processor until finely ground. Beat next 5 ingredients in large bowl with mixer until light and fluffy. Gradually beat in flour. Stir in ground nuts. (Dough will be stiff.)
- Roll dough into 40 (3-inch) "fingers," using 1 Tbsp. dough for each.
- Place, 2 inches apart, on baking sheets sprayed with cooking spray. Press 1 reserved nut into end of each dough finger for the fingernail. Use sharp knife to make 3 crosswise slits in top of each finger for the knuckles.
- Bake 15 to 20 min. or until lightly browned. Cool 3 min. on baking sheet; carefully transfer to wire racks. Cool completely.

Nutrition Facts



Properties

Glycemic Index:4.63, Glycemic Load:3.04, Inflammation Score:-2, Nutrition Score:2.0434782589259%

Flavonoids

Cyanidin: 0.08mg, Cyanidin: 0.08mg, Cyanidin: 0.08mg, Cyanidin: 0.08mg Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.09mg, Isorhamnetin: 0.09mg, Isorhamnetin: 0.09mg, Isorhamnetin: 0.09mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 83.46kcal (4.17%), Fat: 5.44g (8.36%), Saturated Fat: 2.45g (15.34%), Carbohydrates: 7.56g (2.52%), Net Carbohydrates: 7g (2.55%), Sugar: 2.81g (3.12%), Cholesterol: 10.24mg (3.41%), Sodium: 47.84mg (2.08%), Alcohol: 0.04g (100%), Alcohol %: 0.29% (100%), Protein: 1.48g (2.95%), Vitamin E: 0.95mg (6.32%), Manganese: 0.11mg (5.62%), Vitamin B2: 0.07mg (4.3%), Vitamin B1: 0.05mg (3.31%), Selenium: 2.28µg (3.25%), Folate: 11.64µg (2.91%), Magnesium: 10.42mg (2.61%), Phosphorus: 25.84mg (2.58%), Vitamin A: 124.58IU (2.49%), Fiber: 0.56g (2.22%), Vitamin B3: 0.44mg (2.2%), Copper: 0.04mg (2.12%), Iron: 0.38mg (2.09%), Calcium: 13.61mg (1.36%), Zinc: 0.16mg (1.06%)