

Frog Cupcakes

READY IN
SERVINGS

85 min.

Dairy Free Popular

SERVINGS

24

calories ô
174 kcal

DESSERT

Ingredients

I box cake mix white
2 containers fluffy frosting white
1 serving purple gel food coloring green
48 vanilla wafers miniature
48 cinnamon red
4.3 oz chocolate icing red

1 serving gumdrops red

Equipment

Ш	oven	
Directions		
	Heat oven to 350°F (325°F for dark or nonstick pans). Make, bake and cool cake as directed on box for 24 cupcakes.	
	Reserve 2 tablespoons frosting. Tint remaining frosting with food color to make green; frost cupcakes.	
	For eyes, place 2 cookies near top edge of each cupcake, inserting on end so they stand up. Attach 1 cinnamon candy to each cookie with reserved white frosting.	
	Add dots of white frosting for nostrils.	
	For mouth, pipe on red icing. Slice gumdrops; add slice to each cupcake for tongue. Store loosely covered.	
	Nutrition Facts	
	PROTEIN 3.61% FAT 18.72% CARBS 77.67%	

Properties

Glycemic Index:10.25, Glycemic Load:8.24, Inflammation Score:-1, Nutrition Score:6.4017391217792%

Nutrients (% of daily need)

Calories: 174.36kcal (8.72%), Fat: 3.8g (5.84%), Saturated Fat: 1.28g (8%), Carbohydrates: 35.44g (11.81%), Net Carbohydrates: 31.32g (11.39%), Sugar: 16.25g (18.06%), Cholesterol: 0.12mg (0.04%), Sodium: 207.63mg (9.03%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.65g (3.29%), Manganese: 1.27mg (63.34%), Fiber: 4.12g (16.49%), Calcium: 117.47mg (11.75%), Phosphorus: 83.03mg (8.3%), Folate: 26.47µg (6.62%), Vitamin B1: 0.1mg (6.61%), Iron: 1.01mg (5.62%), Vitamin B2: 0.09mg (5.45%), Vitamin B3: 0.93mg (4.65%), Vitamin K: 3.43µg (3.27%), Selenium: 2.08µg (2.96%), Vitamin E: 0.43mg (2.85%), Copper: 0.04mg (2.06%), Magnesium: 6.62mg (1.66%), Potassium: 55.34mg (1.58%), Zinc: 0.23mg (1.54%)