



Frosted Cake Mix Lemon Cookies

READY IN



45 min.

SERVINGS



30

CALORIES



146 kcal

DESSERT

Ingredients

- 1 box lemon cake mix
- 0.3 cup butter softened
- 0.3 cup shortening
- 1 eggs
- 12 oz cream cheese frosting

Equipment

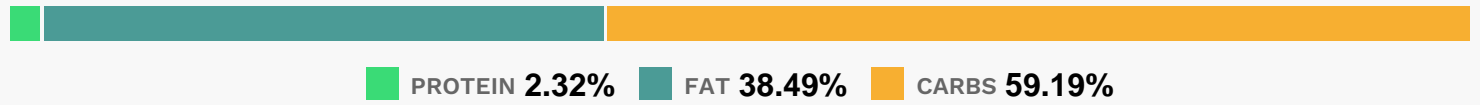
- bowl
- baking sheet

oven

Directions

- Heat oven to 375°F (350°F for dark or nonstick cookie sheets). In large bowl, beat cake mix, butter, shortening and egg on medium speed about 1 minute or until blended.
- Onto ungreased cookie sheet, drop dough by rounded tablespoonfuls 2 inches apart.
- Bake 9 to 12 minutes or until light brown around edges. Cool 1 minute; remove from cookie sheet. Cool completely. Frost with frosting. Store covered.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.6069565140845%

Nutrients (% of daily need)

Calories: 145.81kcal (7.29%), Fat: 6.32g (9.72%), Saturated Fat: 1.69g (10.55%), Carbohydrates: 21.87g (7.29%), Net Carbohydrates: 21.66g (7.88%), Sugar: 14.67g (16.3%), Cholesterol: 5.46mg (1.82%), Sodium: 173.05mg (7.52%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.86g (1.71%), Phosphorus: 57.25mg (5.72%), Calcium: 38.3mg (3.83%), Folate: 12.43µg (3.11%), Vitamin B2: 0.05mg (2.83%), Vitamin B1: 0.04mg (2.73%), Vitamin E: 0.36mg (2.38%), Iron: 0.4mg (2.24%), Vitamin B3: 0.4mg (2.01%), Vitamin A: 98.14IU (1.96%), Manganese: 0.03mg (1.74%), Selenium: 1.02µg (1.46%), Vitamin K: 1.41µg (1.35%)