



Frosted Peppermint Mini Bites

READY IN



70 min.

SERVINGS



66

CALORIES



106 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.8 teaspoon double-acting baking powder
- 1.5 teaspoons baking soda
- 0.8 cup buttermilk
- 0.8 cup ghirardelli premium baking coca unsweetened
- 1 pound confectioners' sugar sifted
- 2 large eggs
- 1.5 cups flour all-purpose
- 66 servings peppermint candies coarsely chopped for garnish
- 1 teaspoon peppermint extract pure

- 0.8 teaspoon salt
- 1.5 cups sugar
- 3 tablespoons unrefined sunflower oil
- 3 sticks butter unsalted softened
- 1 teaspoon vanilla extract pure
- 0.8 cup warm water

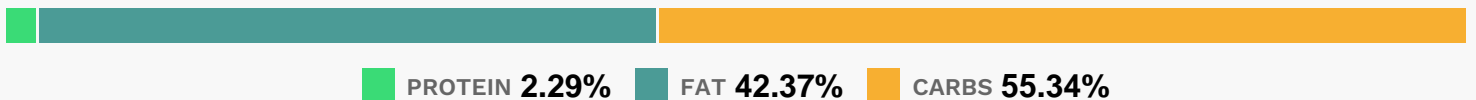
Equipment

- oven
- blender
- toothpicks
- muffin liners
- muffin tray

Directions

- For Bites: Line mini-muffin tins with mini-paper liners.
- Mix all ingredients (except crushed peppermint candies) to create a chocolate batter. Divide batter among muffin cups, filling each 2/3 full.
- Bake until a toothpick inserted into centers comes out clean, about 10 minutes.
- Let cool in tins on wire racks.
- For Frosting: Beat butter with a mixer on medium-high speed until pale and creamy, about 2 minutes. Reduce speed to medium.
- Add sugar, cup at a time, beating after each addition, about 5 minutes.
- Add vanilla, and beat until buttercream is smooth.
- Frost each mini bite with buttercream frosting and garnish with peppermint candy.

Nutrition Facts



Properties

Glycemic Index:6.08, Glycemic Load:5.62, Inflammation Score:-1, Nutrition Score:0.95739129833553%

Nutrients (% of daily need)

Calories: 106.3kcal (5.32%), Fat: 5.08g (7.82%), Saturated Fat: 2.8g (17.53%), Carbohydrates: 14.93g (4.98%), Net Carbohydrates: 14.85g (5.4%), Sugar: 12.34g (13.71%), Cholesterol: 16.98mg (5.66%), Sodium: 62.19mg (2.7%), Alcohol: 0.04g (100%), Alcohol %: 0.17% (100%), Protein: 0.62g (1.24%), Vitamin A: 141.04IU (2.82%), Vitamin E: 0.4mg (2.67%), Selenium: 1.65µg (2.36%), Vitamin B2: 0.03mg (1.75%), Vitamin B1: 0.02mg (1.63%), Folate: 6.2µg (1.55%), Phosphorus: 10.89mg (1.09%), Manganese: 0.02mg (1.05%)