



Frosting



Vegetarian



Gluten Free

READY IN



45 min.

SERVINGS



2

CALORIES



468 kcal

FROSTING

ICING

Ingredients

- ☐ 2 tablespoons butter softened
- ☐ 2 tablespoons buttermilk
- ☐ 1.5 cups powdered sugar
- ☐ 1.5 teaspoons vanilla extract

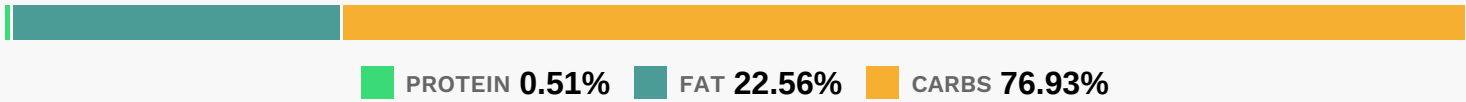
Equipment

- ☐ hand mixer

Directions

- ☐ Beat butter and sugar at medium speed with an electric mixer until creamy.
- ☐ Add buttermilk; beat until spreading consistency. Stir in vanilla.

Nutrition Facts



Properties

Glycemic Index:40.5, Glycemic Load:0.23, Inflammation Score:-1, Nutrition Score:1.2004347767519%

Nutrients (% of daily need)

Calories: 468.42kcal (23.42%), Fat: 11.85g (18.23%), Saturated Fat: 7.48g (46.76%), Carbohydrates: 90.94g (30.31%), Net Carbohydrates: 90.94g (33.07%), Sugar: 89.14g (99.04%), Cholesterol: 31.75mg (10.58%), Sodium: 107.84mg (4.69%), Alcohol: 1.03g (100%), Alcohol %: 1.07% (100%), Protein: 0.6g (1.2%), Vitamin A: 374.61IU (7.49%), Vitamin B2: 0.05mg (2.97%), Vitamin E: 0.34mg (2.24%), Calcium: 21.84mg (2.18%), Selenium: 1.24µg (1.76%), Phosphorus: 16.29mg (1.63%), Vitamin B12: 0.09µg (1.55%), Vitamin D: 0.19µg (1.3%)