



Frozen Blue Margaritas

 Gluten Free  Dairy Free  Low Fod Map

READY IN



10 min.

SERVINGS



10

CALORIES



65 kcal

BEVERAGE

DRINK

Ingredients

- 0.3 cup curaçao liqueur blue
- 6 oz limeade concentrate frozen thawed canned
- 0.8 cup tequila

Equipment

- blender

Directions

Combine all ingredients in a blender. Fill with ice to 5-cup level, and process until mixture is smooth.

Serve immediately.

Nutrition Facts

PROTEIN 0% **FAT 0%** **CARBS 100%**

Properties

Glycemic Index:1.5, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.078695652358558%

Nutrients (% of daily need)

Calories: 65.45kcal (3.27%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 3.81g (1.27%), Net Carbohydrates: 3.81g (1.38%), Sugar: 3.3g (3.67%), Cholesterol: 0mg (0%), Sodium: 0.69mg (0.03%), Alcohol: 7.79g (100%), Alcohol %: 24.11% (100%), Protein: 0g (0%)