



Frozen Blue Margaritas



Gluten Free



Dairy Free



Low Fod Map

READY IN



10 min.

SERVINGS



10

CALORIES



65 kcal

BEVERAGE

DRINK

Ingredients



0.3 cup curacao blue



6 oz limeade concentrate frozen thawed canned



0.8 cup tequila

Equipment



blender

Directions

- ☐
- Combine all ingredients in a blender. Fill with ice to 5-cup level, and process until mixture is smooth.
- ☐
- Serve immediately.

Nutrition Facts



Properties

Glycemic Index:1.5, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.078695652358558%

Nutrients (% of daily need)

Calories: 65.45kcal (3.27%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 3.81g (1.27%), Net Carbohydrates: 3.81g (1.38%), Sugar: 3.3g (3.67%), Cholesterol: 0mg (0%), Sodium: 0.69mg (0.03%), Alcohol: 7.79g (100%), Alcohol %: 24.11% (100%), Protein: 0g (0%)