



## Frozen Grasshopper Squares

READY IN



195 min.

SERVINGS



15

CALORIES



263 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 6 cups chocolate chip-mint ice cream softened
- 28 oreo cookies divided
- 1 oz baker's semi-sweet chocolate grated
- 8 oz cool whip whipped topping thawed

### Equipment

- frying pan
- aluminum foil

## Directions

- Line 13x9-inch pan with foil, with ends of foil extending over sides. Crush 20 cookies; sprinkle onto bottom of prepared pan.
- Spread ice cream over crumbs in pan; top with COOL WHIP and grated chocolate.
- Freeze 3 hours.
- Remove from freezer 15 min. before serving.
- Let stand at room temperature to soften slightly. Use foil handles to lift dessert from pan before cutting into squares.
- Cut remaining cookies in half; use to garnish dessert squares.

## Nutrition Facts



## Properties

Glycemic Index:3.33, Glycemic Load:7.13, Inflammation Score:-3, Nutrition Score:5.8213044042173%

## Nutrients (% of daily need)

Calories: 262.8kcal (13.14%), Fat: 12.79g (19.68%), Saturated Fat: 6.98g (43.63%), Carbohydrates: 35.35g (11.78%), Net Carbohydrates: 33.92g (12.33%), Sugar: 26.79g (29.77%), Cholesterol: 18.37mg (6.12%), Sodium: 138.12mg (6.01%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 4.33mg (1.44%), Protein: 3.74g (7.49%), Iron: 3.34mg (18.53%), Manganese: 0.25mg (12.54%), Vitamin B2: 0.17mg (10.02%), Phosphorus: 93.43mg (9.34%), Copper: 0.17mg (8.56%), Magnesium: 30.22mg (7.56%), Calcium: 74.16mg (7.42%), Vitamin K: 6.92µg (6.59%), Potassium: 209.88mg (6%), Fiber: 1.43g (5.74%), Folate: 22.57µg (5.64%), Vitamin E: 0.8mg (5.32%), Vitamin B1: 0.07mg (4.66%), Vitamin A: 232.23IU (4.64%), Selenium: 3.01µg (4.29%), Vitamin B3: 0.73mg (3.66%), Vitamin B5: 0.37mg (3.65%), Zinc: 0.54mg (3.58%), Vitamin B12: 0.19µg (3.11%), Vitamin B6: 0.04mg (1.89%)