



Frozen Margarita Pie

READY IN



45 min.

SERVINGS



8

CALORIES



317 kcal

DESSERT

Ingredients

- ☐ 2 tablespoons butter melted
- ☐ 20 chocolate wafers such as nabisco famous thin (2 in. wide; 5 oz. total)
- ☐ 0.7 cup half-and-half light (cream)
- ☐ 0.3 cup juice of lime
- ☐ 1 teaspoon lime zest grated
- ☐ 3.5 oz lightly marshmallows white packed
- ☐ 1.5 tablespoons sugar
- ☐ 0.3 cup tequila (see notes)
- ☐ 1 cup whipping cream

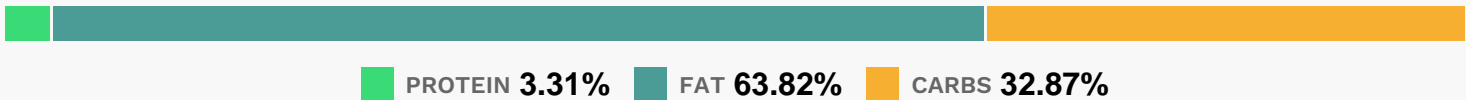
Equipment

- ☐ food processor
- ☐ bowl
- ☐ frying pan
- ☐ knife
- ☐ blender
- ☐ cake form

Directions

- ☐ In a 3- to 4-quart pan over medium heat, stir marshmallows with half-and-half until melted, about 5 minutes.
- ☐ Nest pan in ice water; stir often until cool, about 3 minutes.
- ☐ Add lime peel, lime juice, and tequila; stir occasionally until cold, 8 to 10 minutes.
- ☐ In a food processor, whirl cookies until finely ground.
- ☐ Add butter and whirl until mixed. Press cookie mixture evenly over bottom and halfway up sides of a 9-inch cake pan with removable rim.
- ☐ In a bowl with a mixer on high speed, whip cream with sugar until it holds soft peaks. Fold in marshmallow mixture, blending well.
- ☐ Pour filling into crust and spread level. Freeze until firm to touch in the center, about 1 hour, then wrap airtight and freeze until solid, at least 2 hours longer or up to 2 weeks.
- ☐ Unwrap pie, run a thin knife between crust and pan rim, and remove rim. Set dessert on a flat plate.
- ☐ Let stand at room temperature about 10 minutes to soften slightly, then cut into wedges.

Nutrition Facts



Properties

Glycemic Index:28.39, Glycemic Load:12.82, Inflammation Score:-4, Nutrition Score:3.6978260797003%

Flavonoids

Eriodictyol: 0.17mg, Eriodictyol: 0.17mg, Eriodictyol: 0.17mg, Eriodictyol: 0.17mg Hesperetin: 0.79mg, Hesperetin: 0.79mg, Hesperetin: 0.79mg, Hesperetin: 0.79mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 316.82kcal (15.84%), Fat: 21.88g (33.66%), Saturated Fat: 11.92g (74.51%), Carbohydrates: 25.36g (8.45%), Net Carbohydrates: 24.8g (9.02%), Sugar: 16.02g (17.8%), Cholesterol: 56.03mg (18.67%), Sodium: 144.99mg (6.3%), Alcohol: 2.51g (100%), Alcohol %: 3.24% (100%), Protein: 2.56g (5.11%), Vitamin A: 769.98IU (15.4%), Vitamin B2: 0.12mg (7.3%), Manganese: 0.11mg (5.44%), Phosphorus: 52.41mg (5.24%), Vitamin E: 0.68mg (4.55%), Copper: 0.09mg (4.5%), Calcium: 40.61mg (4.06%), Vitamin D: 0.6µg (3.97%), Iron: 0.68mg (3.77%), Vitamin C: 2.65mg (3.21%), Magnesium: 12.4mg (3.1%), Selenium: 2.08µg (2.97%), Vitamin B1: 0.04mg (2.94%), Potassium: 90.47mg (2.58%), Folate: 9.97µg (2.49%), Vitamin B3: 0.48mg (2.4%), Fiber: 0.56g (2.24%), Zinc: 0.3mg (1.99%), Vitamin B5: 0.2mg (1.98%), Vitamin K: 1.9µg (1.81%), Vitamin B12: 0.1µg (1.74%), Vitamin B6: 0.03mg (1.37%)