



Frozen Screwdriver Poptails

 Gluten Free  Dairy Free

READY IN



305 min.

SERVINGS



8

CALORIES



67 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 8 small cocoa mix
- 2 cups orange juice
- 0.5 cup vodka
- 8 celery stalks (with round ends)

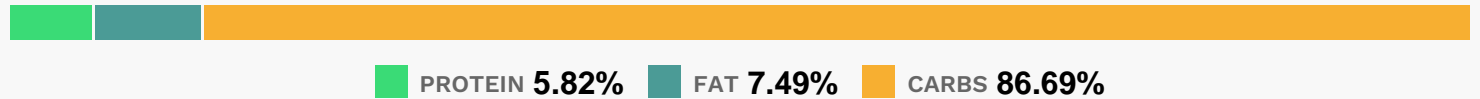
Equipment

- aluminum foil

Directions

- Into each paper cup, pour 1/4 cup orange juice and 1 tablespoon vodka; stir.
- Place small piece of foil over top of each cup. Make small slit in center of each piece of foil; insert stick.
- Place cups on tray. Freeze at least 5 hours.
- Tear off paper cups and serve.

Nutrition Facts



Properties

Glycemic Index:12.38, Glycemic Load:3.31, Inflammation Score:-3, Nutrition Score:2.9639130163452%

Flavonoids

Eriodictyol: 0.11mg, Eriodictyol: 0.11mg, Eriodictyol: 0.11mg, Eriodictyol: 0.11mg Hesperetin: 7.41mg, Hesperetin: 7.41mg, Hesperetin: 7.41mg, Hesperetin: 7.41mg Naringenin: 1.33mg, Naringenin: 1.33mg, Naringenin: 1.33mg, Naringenin: 1.33mg Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg

Nutrients (% of daily need)

Calories: 67.11kcal (3.36%), Fat: 0.28g (0.43%), Saturated Fat: 0.12g (0.73%), Carbohydrates: 7.32g (2.44%), Net Carbohydrates: 7.09g (2.58%), Sugar: 5.86g (6.51%), Cholesterol: 0mg (0%), Sodium: 12.47mg (0.54%), Alcohol: 5.01g (100%), Alcohol %: 7.74% (100%), Protein: 0.49g (0.98%), Vitamin C: 31.12mg (37.73%), Folate: 20.04µg (5.01%), Potassium: 134.55mg (3.84%), Vitamin B1: 0.06mg (3.83%), Vitamin A: 142.07IU (2.84%), Magnesium: 7.26mg (1.82%), Copper: 0.03mg (1.51%), Vitamin B6: 0.03mg (1.39%), Vitamin B3: 0.26mg (1.3%), Vitamin B2: 0.02mg (1.29%), Vitamin B5: 0.13mg (1.28%), Phosphorus: 12.25mg (1.23%), Vitamin K: 1.23µg (1.18%)