



Frozen Screwdriver Poptails



Gluten Free



Dairy Free

READY IN



305 min.

SERVINGS



8

CALORIES



151 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 8 celery stalks with round ends)
- ☐ 2 cups orange juice
- ☐ 8 small peanut butter cups
- ☐ 0.5 cup vodka

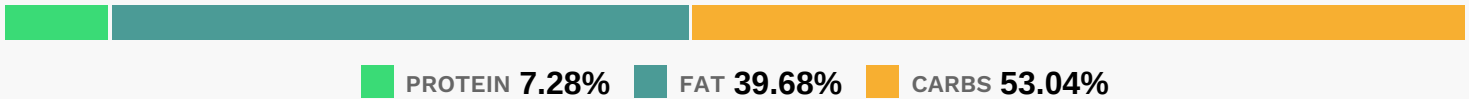
Equipment

- ☐ aluminum foil

Directions

- ☐ Into each paper cup, pour 1/4 cup orange juice and 1 tablespoon vodka; stir.
- ☐ Place small piece of foil over top of each cup. Make small slit in center of each piece of foil; insert stick.
- ☐ Place cups on tray. Freeze at least 5 hours.
- ☐ Tear off paper cups and serve.

Nutrition Facts



Properties

Glycemic Index:12.38, Glycemic Load:3.31, Inflammation Score:-4, Nutrition Score:4.1665217707986%

Flavonoids

Eriodictyol: 0.11mg, Eriodictyol: 0.11mg, Eriodictyol: 0.11mg, Eriodictyol: 0.11mg Hesperetin: 7.41mg, Hesperetin: 7.41mg, Hesperetin: 7.41mg, Hesperetin: 7.41mg Naringenin: 1.33mg, Naringenin: 1.33mg, Naringenin: 1.33mg, Naringenin: 1.33mg Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg

Nutrients (% of daily need)

Calories: 150.66kcal (7.53%), Fat: 5.32g (8.18%), Saturated Fat: 1.84g (11.47%), Carbohydrates: 15.98g (5.33%), Net Carbohydrates: 15.18g (5.52%), Sugar: 13.29g (14.76%), Cholesterol: 1.02mg (0.34%), Sodium: 64.66mg (2.81%), Alcohol: 5.01g (100%), Alcohol %: 6.48% (100%), Protein: 2.2g (4.39%), Vitamin C: 31.17mg (37.79%), Folate: 28.54µg (7.14%), Vitamin B1: 0.08mg (5.64%), Potassium: 192.86mg (5.51%), Vitamin B3: 1.02mg (5.12%), Magnesium: 17.8mg (4.45%), Phosphorus: 39.62mg (3.96%), Copper: 0.07mg (3.55%), Fiber: 0.8g (3.2%), Vitamin A: 151.48IU (3.03%), Vitamin B2: 0.04mg (2.39%), Vitamin B5: 0.23mg (2.33%), Vitamin B6: 0.04mg (2.24%), Calcium: 21.68mg (2.17%), Iron: 0.34mg (1.88%), Zinc: 0.25mg (1.69%), Vitamin K: 1.57µg (1.5%)