



## Frozen Southern Milk Punch

 Vegetarian  Gluten Free  Low Fod Map

READY IN



45 min.

SERVINGS



12

CALORIES



80 kcal

BEVERAGE

DRINK

### Ingredients

- 12 servings brandy
- 12 servings half and half
- 12 servings nutmeg freshly grated for garnish
- 12 servings powdered sugar
- 12 servings vanilla extract

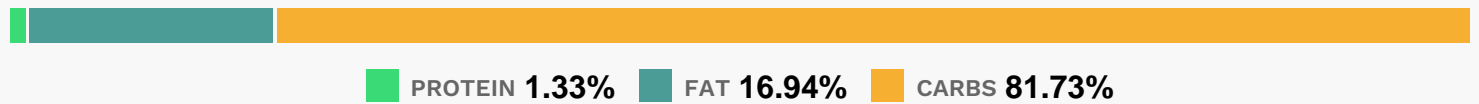
### Equipment

- bowl

## Directions

- In a large bowl or pitcher that will hold at least 8 cups of liquid, combine the half-and-half, brandy, Tuaca, powdered sugar and vanilla and stir well. Cover and freeze for at least 3 hours, until slightly frozen. Just before serving, stir the mixture to make it slightly slushy. If it has been sitting in the freezer for longer than 4 hours and is more firmly frozen, use a metal spoon to scrape the top layer into a slush, breaking it up into small pieces.
- Let sit for 30 minutes, stirring occasionally, until the mixture softens to a pourable consistency. Try out these New Orleans drinks on Food Republic: [New Orleans Buck Cocktail Recipe](#)
- [Café Napoléon Cocktail Recipe](#)
- [Ramos Gin Fizz Recipe](#)

## Nutrition Facts



## Properties

Glycemic Index: 7.08, Glycemic Load: 0.4, Inflammation Score: -1, Nutrition Score: 0.49217391508105%

## Nutrients (% of daily need)

Calories: 80.46kcal (4.02%), Fat: 0.84g (1.3%), Saturated Fat: 0.59g (3.68%), Carbohydrates: 9.14g (3.05%), Net Carbohydrates: 8.72g (3.17%), Sugar: 8.56g (9.51%), Cholesterol: 0.35mg (0.12%), Sodium: 1.33mg (0.06%), Alcohol: 5.35g (100%), Alcohol %: 25.13% (100%), Protein: 0.15g (0.3%), Manganese: 0.06mg (3.17%), Fiber: 0.42g (1.66%), Copper: 0.03mg (1.25%)