



Fruit and Cookie-Crust Pizza

READY IN



45 min.

SERVINGS



8

CALORIES



586 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 8 servings purchased caramel sauce warmed
- ☐ 8 ounce cream cheese room temperature
- ☐ 8 servings fruit whole hulled cored peeled sliced (such as strawberries, kiwis, bananas, pineapple)
- ☐ 7 ounce marshmallow crème
- ☐ 18 ounce roll sugar-cookie dough refrigerated

Equipment

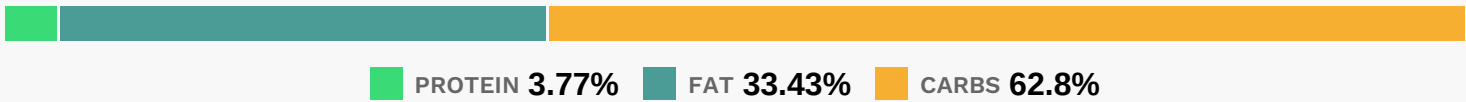
- ☐ bowl
- ☐ frying pan

- ☐ oven
- ☐ pizza pan
- ☐ spatula

Directions

- ☐ Preheat oven to 350°F. Butter and flour 12-inch-diameter pizza pan.
- ☐ Cut cookie-dough roll crosswise into 1/3-inch-thick slices; arrange on prepared pan. Using wet fingertips, press dough evenly into pan to form pizza crust.
- ☐ Bake crust until deep golden brown, about 15 minutes.
- ☐ Transfer to rack. Using edge of metal spatula, press in crust edges to form even round. Cool completely.
- ☐ Beat cream cheese in medium bowl until smooth. Beat in marshmallow creme.
- ☐ Spread filling evenly over crust, leaving 1/2-inch plain border. (Crust with filling can be made 45 minutes ahead.
- ☐ Let stand at room temperature.) Top with fruit as desired; drizzle with warm caramel sauce and serve.

Nutrition Facts



Properties

Glycemic Index:8.38, Glycemic Load:3.69, Inflammation Score:-6, Nutrition Score:13.516956547032%

Flavonoids

Cyanidin: 2.42mg, Cyanidin: 2.42mg, Cyanidin: 2.42mg, Cyanidin: 2.42mg Petunidin: 0.16mg, Petunidin: 0.16mg, Petunidin: 0.16mg, Petunidin: 0.16mg Delphinidin: 0.45mg, Delphinidin: 0.45mg, Delphinidin: 0.45mg, Delphinidin: 0.45mg Malvidin: 0.01mg, Malvidin: 0.01mg, Malvidin: 0.01mg, Malvidin: 0.01mg Pelargonidin: 35.78mg, Pelargonidin: 35.78mg, Pelargonidin: 35.78mg, Pelargonidin: 35.78mg Peonidin: 0.07mg, Peonidin: 0.07mg, Peonidin: 0.07mg, Peonidin: 0.07mg Catechin: 4.48mg, Catechin: 4.48mg, Catechin: 4.48mg, Catechin: 4.48mg Epigallocatechin: 1.12mg, Epigallocatechin: 1.12mg, Epigallocatechin: 1.12mg, Epigallocatechin: 1.12mg Epicatechin: 0.6mg, Epicatechin: 0.6mg, Epicatechin: 0.6mg, Epicatechin: 0.6mg Epicatechin 3-gallate: 0.22mg, Epicatechin 3-gallate: 0.22mg, Epicatechin 3-gallate: 0.22mg, Epicatechin 3-gallate: 0.22mg Epigallocatechin 3-gallate: 0.16mg, Epigallocatechin 3-gallate: 0.16mg, Epigallocatechin 3-gallate: 0.16mg, Epigallocatechin 3-gallate: 0.16mg Naringenin: 0.37mg, Naringenin: 0.37mg, Naringenin: 0.37mg, Naringenin: 0.37mg Kaempferol: 0.72mg, Kaempferol: 0.72mg, Kaempferol: 0.72mg, Kaempferol: 0.72mg

Kaempferol: 0.72mg, Kaempferol: 0.72mg Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg Quercetin: 1.6mg, Quercetin: 1.6mg, Quercetin: 1.6mg, Quercetin: 1.6mg Gallocatechin: 0.04mg, Gallocatechin: 0.04mg, Gallocatechin: 0.04mg, Gallocatechin: 0.04mg

Nutrients (% of daily need)

Calories: 586.21kcal (29.31%), Fat: 22.61g (34.78%), Saturated Fat: 9.21g (57.57%), Carbohydrates: 95.56g (31.85%), Net Carbohydrates: 92.11g (33.49%), Sugar: 69.45g (77.17%), Cholesterol: 35.65mg (11.88%), Sodium: 412.48mg (17.93%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 5.74g (11.49%), Vitamin C: 84.87mg (102.88%), Manganese: 0.78mg (38.77%), Folate: 78.1µg (19.52%), Phosphorus: 188.29mg (18.83%), Fiber: 3.45g (13.82%), Vitamin B1: 0.17mg (11.46%), Potassium: 377.91mg (10.8%), Vitamin B3: 2.12mg (10.6%), Vitamin B2: 0.17mg (10.28%), Iron: 1.8mg (10.01%), Vitamin A: 457.62IU (9.15%), Vitamin K: 9.38µg (8.93%), Selenium: 5.51µg (7.87%), Calcium: 75.24mg (7.52%), Magnesium: 27.74mg (6.93%), Vitamin B5: 0.56mg (5.62%), Vitamin E: 0.8mg (5.35%), Copper: 0.1mg (4.89%), Vitamin B6: 0.1mg (4.78%), Zinc: 0.5mg (3.31%), Vitamin B12: 0.15µg (2.45%)