



Fruit Flavored Snack Christmas Tree

 **Gluten Free**  **Dairy Free**  **Low Fod Map**

READY IN



15 min.

SERVINGS



2

CALORIES



727 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 2 snack peppers flavored (any flavor)
- 12 oz fluffy frosting white
- 1 ice cream cake cones with pointed end sugar-style

Equipment

- kitchen scissors

Directions

- Unroll Fruit by the Foot fruit flavored snack rolls; remove paper. Using kitchen scissors, cut 6 pieces of fruit flavored snack into the following lengths: one 15-inch piece, one 12-inch piece, one 9-inch piece, two 6-inch pieces and one 4-inch piece.
- Spread frosting on outside of cone.
- Place on flat plate, pointed end up.
- Ruffle 15-inch Fruit by the Foot fruit flavored snack by gathering on long side so it will easily wrap around base of cone. Starting at bottom of cone, wrap gathered piece around base, pressing so it sticks. Ruffle 12-inch piece so it will wrap around cone above first piece. Press on cone above first piece. Repeat ruffling and attaching with remaining fruit flavored snack pieces.
- Use small star canapé cutter to cut star from remaining fruit flavored snack. Use small amount of frosting to attach star to top of tree.

Nutrition Facts

PROTEIN 0.24%

FAT 34.4%

CARBS 65.36%

Properties

Glycemic Index:37.5, Glycemic Load:50.02, Inflammation Score:-6, Nutrition Score:7.5882607426332%

Flavonoids

Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 726.63kcal (36.33%), Fat: 27.78g (42.73%), Saturated Fat: 5.09g (31.83%), Carbohydrates: 118.76g (39.59%), Net Carbohydrates: 118.12g (42.95%), Sugar: 108.63g (120.7%), Cholesterol: 0mg (0%), Sodium: 319.22mg (13.88%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.44g (0.88%), Vitamin C: 35.84mg (43.44%), Vitamin B2: 0.54mg (32.03%), Vitamin K: 23.52µg (22.4%), Vitamin E: 3.06mg (20.4%), Vitamin A: 876.68IU (17.53%), Folate: 29.95µg (7.49%), Vitamin B6: 0.08mg (4.1%), Phosphorus: 39.84mg (3.98%), Vitamin B3: 0.74mg (3.68%), Potassium: 119.15mg (3.4%), Fiber: 0.65g (2.59%), Iron: 0.46mg (2.58%), Vitamin B1: 0.04mg (2.48%), Manganese: 0.04mg (2.14%), Vitamin B5: 0.19mg (1.92%), Magnesium: 5.58mg (1.4%), Zinc: 0.2mg (1.35%)