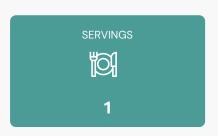


# **Fruity Feather Turkey**

airy Free







SIDE DISH

# **Ingredients**

1 piece candy corr
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- 1 fruit flavored (from 5-oz box)
- 2 m&m candies
- 1 peanut butter sandwich cookie crumbs nutter butter®

# **Equipment**

kitchen scissors

# Directions Unroll fruit flavored snack; remove paper. With kitchen scissors, cut fruit flavored snack into 5x2 1/2-inch rectangle, cutting one side into a scallop shape. Gather together side of fruit flavored snack opposite scalloped sides. Separate cookie; place gathered side on 1 cookie half to make tail feathers. Top with remaining cookie half. Press lightly together. Shape 2 feet and wattle for the turkey from remaining fruit flavored snack. Insert feet into filling between cookies. Use frosting to attach wattle, eyeballs and candy corn for beak on top of cookie.

# **Nutrition Facts**

PROTEIN 3.01% FAT 3.26% CARBS 93.73%

## **Properties**

Glycemic Index:O, Glycemic Load:O, Inflammation Score:-7, Nutrition Score:7.5291303603545%

### Nutrients (% of daily need)

Calories: 278.15kcal (13.91%), Fat: 1.08g (1.66%), Saturated Fat: 0.37g (2.31%), Carbohydrates: 69.78g (23.26%), Net Carbohydrates: 62.49g (22.72%), Sugar: 53.93g (59.92%), Cholesterol: 0.3mg (0.1%), Sodium: 37.43mg (1.63%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 2.24g (4.47%), Fiber: 7.29g (29.16%), Vitamin A: 1363.48IU (27.27%), Vitamin K: 20.7µg (19.71%), Copper: 0.34mg (16.88%), Vitamin C: 9.91mg (12.01%), Potassium: 400.5mg (11.44%), Vitamin B3: 1.76mg (8.82%), Iron: 1.43mg (7.96%), Vitamin B2: 0.11mg (6.35%), Manganese: 0.12mg (6.07%), Magnesium: 22.5mg (5.63%), Phosphorus: 54mg (5.4%), Vitamin B1: 0.05mg (3.6%), Vitamin B6: 0.07mg (3.6%), Zinc: 0.41mg (2.7%), Calcium: 24.82mg (2.48%), Folate: 9µg (2.25%), Vitamin B5: 0.18mg (1.84%)