



Fudge-Filled Irresistible Peanut Butter Cookies

READY IN



45 min.

SERVINGS



48

CALORIES



219 kcal

DESSERT

Ingredients

- ☐ 3.5 cups pillsbury best® all purpose flour
- ☐ 1.5 teaspoons baking soda
- ☐ 2.5 cups firmly brown sugar packed
- ☐ 1.5 cups jif® creamy peanut butter
- ☐ 2 large eggs
- ☐ 0.3 cup milk
- ☐ 1.5 teaspoons salt
- ☐ 3 cups semi-sweet chocolate chips
- ☐ 14 ounce condensed milk sweetened eagle brand® canned

- ☐ 1 teaspoon vanilla extract
- ☐ 1 stick baking sticks all-vegetable shortening crisco®

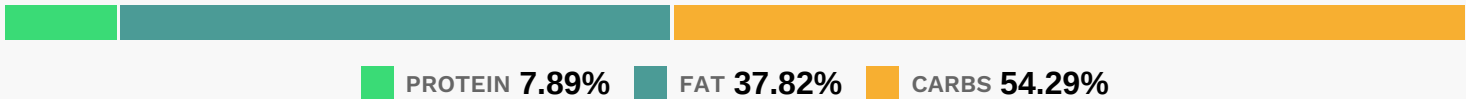
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ wire rack
- ☐ hand mixer
- ☐ microwave

Directions

- ☐ Heat oven to 375 degrees F. Coat baking sheets with no-stick cooking spray.
- ☐ For Cookies: Beat peanut butter, shortening, brown sugar, milk and vanilla in large bowl with electric mixer on medium speed until well blended.
- ☐ Add eggs. Beat just until blended.
- ☐ Combine flour, baking soda and salt in medium bowl.
- ☐ Add to creamed mixture on low speed, mixing just until blended. Drop by level tablespoonfuls 2 inches apart onto prepared baking sheets.
- ☐ Bake 6 to 7 minutes or until set and just beginning to brown. Cool 2 minutes on baking sheet.
- ☐ Remove to wire rack to cool completely.
- ☐ For Filling: Microwave sweetened condensed milk and chocolate chips in medium microwave-safe bowl on high for 1 1/2 minutes or until melted and smooth when stirred. Stir in vanilla.
- ☐ Let cool 15 minutes.
- ☐ Spread generously on flat side of half the cookies. Top with remaining cookies, flat side down, to form sandwich cookies.

Nutrition Facts



Properties

Glycemic Index:3.92, Glycemic Load:8, Inflammation Score:-2, Nutrition Score:5.4482608800349%

Nutrients (% of daily need)

Calories: 219.14kcal (10.96%), Fat: 9.39g (14.45%), Saturated Fat: 3.79g (23.71%), Carbohydrates: 30.33g (10.11%), Net Carbohydrates: 28.82g (10.48%), Sugar: 20.6g (22.89%), Cholesterol: 11.42mg (3.81%), Sodium: 160.06mg (6.96%), Alcohol: 0.03g (100%), Alcohol %: 0.07% (100%), Caffeine: 9.41mg (3.14%), Protein: 4.41g (8.82%), Manganese: 0.33mg (16.71%), Magnesium: 38.53mg (9.63%), Copper: 0.19mg (9.59%), Phosphorus: 92.83mg (9.28%), Selenium: 6.37µg (9.1%), Vitamin B3: 1.74mg (8.68%), Iron: 1.39mg (7.71%), Vitamin B2: 0.11mg (6.6%), Folate: 25.62µg (6.4%), Vitamin B1: 0.1mg (6.36%), Fiber: 1.51g (6.03%), Vitamin E: 0.84mg (5.61%), Calcium: 48.4mg (4.84%), Potassium: 168.71mg (4.82%), Zinc: 0.67mg (4.49%), Vitamin B6: 0.06mg (2.85%), Vitamin B5: 0.27mg (2.74%), Vitamin B12: 0.08µg (1.4%)