



Fudge Marble Pound Cake

READY IN



126 min.

SERVINGS



12

CALORIES



448 kcal

DESSERT

Ingredients

- ☐ 1 box cake mix yellow
- ☐ 1 box vanilla pudding instant (4-serving size)
- ☐ 1 cup water
- ☐ 0.3 cup vegetable oil
- ☐ 1 teaspoon vanilla
- ☐ 4 eggs
- ☐ 0.8 cup powdered sugar
- ☐ 0.3 cup cocoa powder unsweetened
- ☐ 16 oz chocolate frosting

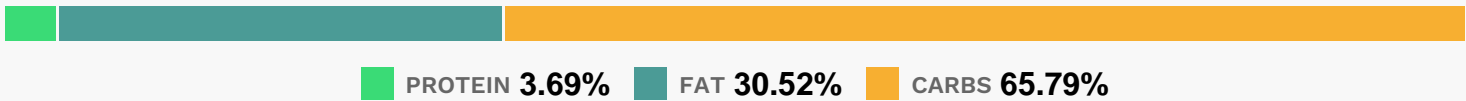
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ knife
- ☐ hand mixer
- ☐ toothpicks
- ☐ cake form
- ☐ microwave

Directions

- ☐ Heat oven to 325°F. Grease and flour 12-cup fluted tube cake pan, or spray with baking spray with flour. In large bowl, beat cake mix, pudding mix, water, oil, vanilla and eggs with electric mixer on low speed 30 seconds, then on medium speed 2 minutes, scraping bowl occasionally.
- ☐ In medium bowl, mix powdered sugar and cocoa.
- ☐ Remove 1 1/4 cups batter; stir into cocoa mixture.
- ☐ Pour remaining batter into pan. Drop chocolate batter by generous tablespoonfuls randomly onto batter in pan.
- ☐ Cut through batter with knife for marbled effect.
- ☐ Bake 40 to 46 minutes or until toothpick inserted in center comes out clean. Cool in pan 15 minutes; turn upside down onto heatproof serving plate.
- ☐ Remove pan. Cool completely, about 1 hour.
- ☐ In microwavable bowl, microwave frosting uncovered on Medium 15 seconds.
- ☐ Spread over top of cake, allowing some to drizzle down side. Store loosely covered.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:7.0447825919027%

Flavonoids

Catechin: 1.16mg, Catechin: 1.16mg, Catechin: 1.16mg, Catechin: 1.16mg Epicatechin: 3.52mg, Epicatechin: 3.52mg, Epicatechin: 3.52mg, Epicatechin: 3.52mg Quercetin: 0.18mg, Quercetin: 0.18mg, Quercetin: 0.18mg, Quercetin: 0.18mg

Nutrients (% of daily need)

Calories: 447.65kcal (22.38%), Fat: 15.58g (23.97%), Saturated Fat: 4.32g (27.02%), Carbohydrates: 75.54g (25.18%), Net Carbohydrates: 73.98g (26.9%), Sugar: 54.27g (60.3%), Cholesterol: 54.56mg (18.19%), Sodium: 455.99mg (19.83%), Alcohol: 0.11g (100%), Alcohol %: 0.1% (100%), Caffeine: 4.88mg (1.63%), Protein: 4.23g (8.47%), Phosphorus: 205.79mg (20.58%), Manganese: 0.25mg (12.38%), Vitamin K: 12.47µg (11.88%), Vitamin E: 1.64mg (10.91%), Iron: 1.95mg (10.84%), Vitamin B2: 0.18mg (10.59%), Calcium: 105.54mg (10.55%), Copper: 0.19mg (9.53%), Folate: 37.14µg (9.29%), Selenium: 6.47µg (9.24%), Vitamin B1: 0.11mg (7.45%), Fiber: 1.57g (6.27%), Magnesium: 23.18mg (5.8%), Vitamin B3: 1.09mg (5.47%), Potassium: 144.05mg (4.12%), Vitamin B5: 0.4mg (3.97%), Zinc: 0.54mg (3.61%), Vitamin B6: 0.06mg (3.11%), Vitamin B12: 0.17µg (2.89%), Vitamin D: 0.29µg (1.96%), Vitamin A: 79.58IU (1.59%)