

Fudgy Bon Bons

READY IN



45 min.

SERVINGS



60

CALORIES



106 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.3 cup butter
- ☐ 60 chocolate candy kisses with white stripes
- ☐ 2 cups flour all-purpose
- ☐ 2 cups semi chocolate chips
- ☐ 1 teaspoon shortening
- ☐ 14 ounce condensed milk sweetened canned
- ☐ 1 teaspoon vanilla extract
- ☐ 2 ounces chocolate white

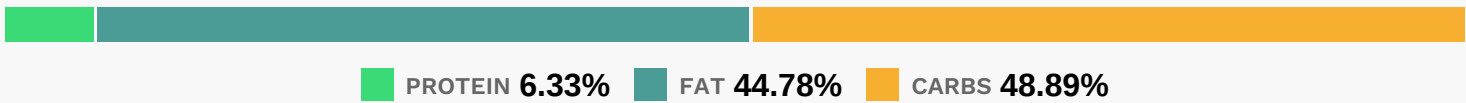
Equipment

- ☐ baking sheet
- ☐ sauce pan
- ☐ oven
- ☐ double boiler
- ☐ microwave

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C).
- ☐ In a medium saucepan, combine chocolate chips and butter. Cook over low heat, stirring occasionally, until melted.
- ☐ Remove from heat and stir in the condensed milk.
- ☐ Add the flour and vanilla, stir until well blended. Use about one tablespoon of dough to completely cover each Hug TM.
- ☐ Place on unprepared baking sheet 1 inch apart.
- ☐ Bake for 6 to 8 minutes in the preheated oven.
- ☐ Using the top of a double boiler or microwave, melt the white chocolate and shortening together. Stir to blend, then drop a thumbnail sized portion on the top of each cookie.

Nutrition Facts



Properties

Glycemic Index:4.27, Glycemic Load:4.89, Inflammation Score:-1, Nutrition Score:2.1073912816203%

Nutrients (% of daily need)

Calories: 106.45kcal (5.32%), Fat: 5.42g (8.33%), Saturated Fat: 3.17g (19.81%), Carbohydrates: 13.3g (4.43%), Net Carbohydrates: 12.59g (4.58%), Sugar: 8.96g (9.96%), Cholesterol: 5.99mg (2%), Sodium: 19.95mg (0.87%), Alcohol: 0.02g (100%), Alcohol %: 0.12% (100%), Caffeine: 5.16mg (1.72%), Protein: 1.72g (3.45%), Manganese: 0.11mg (5.43%), Selenium: 2.95µg (4.21%), Copper: 0.08mg (4.12%), Phosphorus: 38.73mg (3.87%), Iron: 0.63mg (3.5%), Calcium: 34.33mg (3.43%), Magnesium: 13.34mg (3.33%), Vitamin B2: 0.05mg (3.18%), Fiber: 0.71g (2.84%), Vitamin

B1: 0.04mg (2.75%), Folate: 8.45µg (2.11%), Potassium: 66.05mg (1.89%), Zinc: 0.26mg (1.72%), Vitamin B3: 0.32mg (1.59%)