



Fudgy Brownie Cookies

READY IN



45 min.

SERVINGS



48

CALORIES



89 kcal

DESSERT

Ingredients

- ☐ 1 cup brown sugar packed
- ☐ 0.5 cup butter cut into pieces
- ☐ 2 eggs
- ☐ 1 cup flour all-purpose
- ☐ 0.5 teaspoon salt
- ☐ 12 oz semi chocolate chips (2 cups)
- ☐ 0.3 cup cocoa powder unsweetened
- ☐ 1 teaspoon vanilla

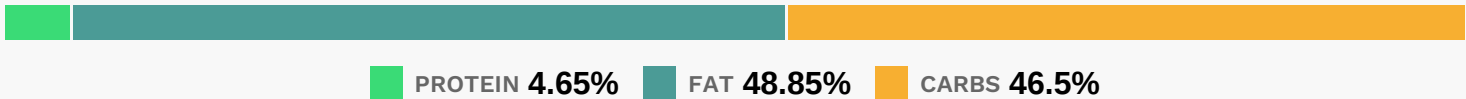
Equipment

- ☐ baking sheet
- ☐ sauce pan
- ☐ oven

Directions

- ☐ Heat oven to 325F. Spray cookie sheets with cooking spray.
- ☐ In 2-quart saucepan, heat butter and 1 cup of the chocolate chips over low heat, stirring occasionally, until melted.
- ☐ Remove from heat; stir in brown sugar. Cool slightly, stirring occasionally. Stir in eggs and vanilla. Stir in flour, cocoa and salt. Stir in remaining 1 cup chocolate chips. Onto cookie sheets, drop dough by tablespoonfuls about 2 inches apart.
- ☐ Bake 10 minutes or until almost set. Cool 5 minutes; remove from cookie sheets to cooling racks.

Nutrition Facts



Properties

Glycemic Index:2.6, Glycemic Load:1.44, Inflammation Score:-1, Nutrition Score:1.9360869637002%

Flavonoids

Catechin: 0.29mg, Catechin: 0.29mg, Catechin: 0.29mg, Catechin: 0.29mg Epicatechin: 0.88mg, Epicatechin: 0.88mg, Epicatechin: 0.88mg, Epicatechin: 0.88mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 88.77kcal (4.44%), Fat: 4.89g (7.53%), Saturated Fat: 2.87g (17.96%), Carbohydrates: 10.48g (3.49%), Net Carbohydrates: 9.68g (3.52%), Sugar: 7.08g (7.87%), Cholesterol: 12.33mg (4.11%), Sodium: 44.18mg (1.92%), Alcohol: 0.03g (100%), Alcohol %: 0.19% (100%), Caffeine: 7.13mg (2.38%), Protein: 1.05g (2.09%), Manganese: 0.13mg (6.63%), Copper: 0.11mg (5.64%), Magnesium: 15.97mg (3.99%), Iron: 0.7mg (3.87%), Fiber: 0.8g (3.21%), Selenium: 2.18µg (3.12%), Phosphorus: 28.91mg (2.89%), Zinc: 0.26mg (1.76%), Potassium: 59.1mg (1.69%), Vitamin B1: 0.02mg (1.59%), Vitamin B2: 0.03mg (1.57%), Folate: 5.89µg (1.47%), Vitamin A: 72.53IU (1.45%), Vitamin B3: 0.23mg (1.15%), Calcium: 10.78mg (1.08%)