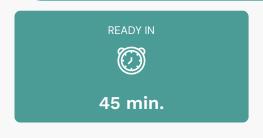
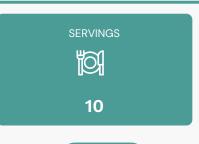


Fudgy Chocolate Tiramisu Cake







DESSERT

Ingredients

	3 oz bar chocolate white
	9.4 oz chocolate molten lava cake mix prepared (but not baked
	8 ounces mascarpone cheese
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O.3 cup strong coffee decoction cooled brewed

2 tablespoons sugar

Equipment

bowl

frying pan

_	
Ш	baking paper
Ш	oven
	knife
	wire rack
	springform pan
	peeler
Di	rections
	Preheat oven to 350F. Grease an 8-inch springform pan and line bottom with parchment paper.
	Pour prepared lava cake batter into pan. If a separate fudge-sauce packet is in box, squeeze sauce onto batter.
	Bake until just done, 25 to 30 minutes. Cool completely on a wire rack. Run a knife along inside of pan to loosen cake.
	Remove pan sides from cake and gently pull parchment to slide cake off pan bottom.
	In a medium bowl, stir together mascarpone, coffee and sugar.
	Spread onto top of cake.
	Hold white-chocolate bar directly over cake. Using a vegetable peeler, scrape shavings of white chocolate onto cake. Refrigerate cake until ready to serve.
	Garnish with whipped cream and raspberries, if desired.
	Nutrition Facts
	PROTEIN 5.28% FAT 55.38% CARBS 39.34%

Properties

Glycemic Index:14.01, Glycemic Load:5.19, Inflammation Score:-3, Nutrition Score:3.3604347908302%

Nutrients (% of daily need)

Calories: 271.25kcal (13.56%), Fat: 17.1g (26.31%), Saturated Fat: 8.87g (55.44%), Carbohydrates: 27.33g (9.11%), Net Carbohydrates: 26.68g (9.7%), Sugar: 17.62g (19.58%), Cholesterol: 24.47mg (8.16%), Sodium: 240.12mg (10.44%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 5.3mg (1.77%), Protein: 3.67g (7.33%), Calcium: 88.79mg (8.88%), Phosphorus: 87.1mg (8.71%), Iron: 1.22mg (6.79%), Vitamin A: 320.87IU (6.42%), Copper: 0.11mg (5.6%),

Selenium: 3.7μg (5.29%), Folate: 17.24μg (4.31%), Vitamin B2: 0.07mg (4.21%), Vitamin B1: 0.05mg (3.43%), Magnesium: 13.72mg (3.43%), Potassium: 115.22mg (3.29%), Manganese: 0.06mg (3.08%), Fiber: 0.66g (2.63%), Vitamin E: 0.38mg (2.52%), Vitamin B3: 0.5mg (2.51%), Zinc: 0.28mg (1.85%), Vitamin K: 1.79μg (1.71%), Vitamin B5: 0.1mg (1.03%)