



Fudgy Marshmallow-Topped Brownies

READY IN



45 min.

SERVINGS



12

CALORIES



438 kcal

DESSERT

Ingredients

- ☐ 1 teaspoon double-acting baking powder
- ☐ 3 large eggs
- ☐ 1 cup flour all-purpose
- ☐ 12 servings ice cream
- ☐ 1.5 cups marshmallows miniature
- ☐ 0.5 cup milk chocolate chips
- ☐ 0.3 teaspoon salt
- ☐ 4 ounces bittersweet chocolate chopped
- ☐ 1 cup sugar

- ☐ 0.3 lb butter unsalted softened
- ☐ 1 teaspoon vanilla extract

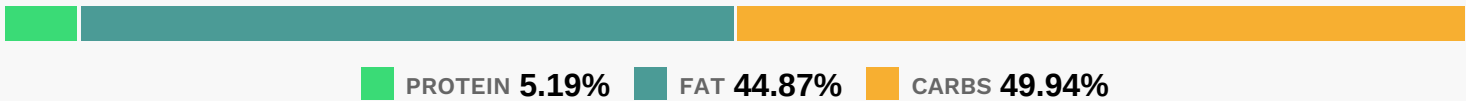
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ baking pan
- ☐ toothpicks
- ☐ microwave

Directions

- ☐ Preheat oven to 375F. Lightly butter an 8-inch square baking pan. Put chopped chocolate in a medium-size microwave-safe bowl. Microwave on high for 1 minute. Stop, stir and microwave for 30 seconds longer. Stir and set aside to cool slightly.
- ☐ Beat butter and sugar until fluffy.
- ☐ Add eggs, one at a time, beating after each addition. Stir in melted chocolate, vanilla and salt; mix well. Fold in flour and baking powder.
- ☐ Pour batter into prepared pan, spread evenly and bake until a toothpick inserted in center comes out clean, about 30 minutes.
- ☐ While brownies are still warm, sprinkle marshmallows and chocolate chips on top. Return to oven for 2 minutes to melt toppings.
- ☐ Serve with ice cream, if desired.

Nutrition Facts



Properties

Glycemic Index:29.88, Glycemic Load:29.76, Inflammation Score:-4, Nutrition Score:7.24695656481%

Nutrients (% of daily need)

Calories: 437.56kcal (21.88%), Fat: 22.04g (33.91%), Saturated Fat: 13.17g (82.3%), Carbohydrates: 55.21g (18.4%), Net Carbohydrates: 53.71g (19.53%), Sugar: 42.1g (46.78%), Cholesterol: 96.42mg (32.14%), Sodium: 161.72mg (7.03%), Alcohol: 0.11g (100%), Alcohol %: 0.1% (100%), Caffeine: 8.13mg (2.71%), Protein: 5.73g (11.46%), Vitamin B2: 0.28mg (16.37%), Phosphorus: 139.96mg (14%), Selenium: 9.65µg (13.79%), Calcium: 126.53mg (12.65%), Vitamin A: 586.24IU (11.72%), Manganese: 0.21mg (10.38%), Copper: 0.17mg (8.31%), Iron: 1.42mg (7.89%), Vitamin B1: 0.12mg (7.83%), Magnesium: 30.11mg (7.53%), Folate: 28.58µg (7.15%), Potassium: 238.23mg (6.81%), Vitamin B12: 0.4µg (6.7%), Vitamin B5: 0.66mg (6.6%), Zinc: 0.95mg (6.35%), Fiber: 1.51g (6.02%), Vitamin E: 0.61mg (4.07%), Vitamin B3: 0.79mg (3.95%), Vitamin D: 0.52µg (3.49%), Vitamin B6: 0.06mg (3.06%), Vitamin K: 1.61µg (1.53%)