



Fudgy Pudding Cake

READY IN



45 min.

SERVINGS



8

CALORIES



770 kcal

DESSERT

Ingredients

- ☐ 18.3 oz devil's food cake mix
- ☐ 4 eggs
- ☐ 3.9 oz chocolate pudding mix instant
- ☐ 0.8 cup oil
- ☐ 6 oz semi-sweet chocolate chips
- ☐ 16 oz cup heavy whipping cream sour
- ☐ 8 servings whipped cream
- ☐ 1 cup water

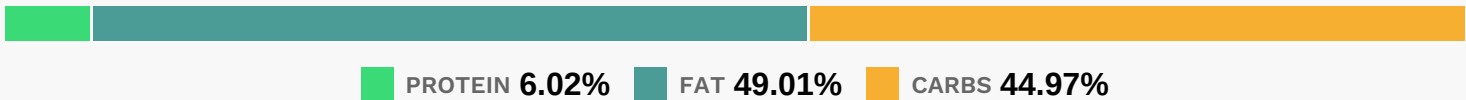
Equipment

- ☐ hand mixer
- ☐ slow cooker

Directions

- ☐ Beat first 6 ingredients at low speed with an electric mixer 30 seconds or until blended. Beat at medium speed 2 minutes. Stir in chocolate chips.
- ☐ Pour into a lightly greased 4-quart round slow cooker.
- ☐ Cover and cook on low setting 4 hours or until set around the edges but still soft in the center. Turn off slow cooker and let stand 20 to 30 minutes; do not lift lid until ready to serve.
- ☐ Serve with vanilla ice cream.

Nutrition Facts



Properties

Glycemic Index:7.63, Glycemic Load:9.22, Inflammation Score:-7, Nutrition Score:16.497826228971%

Nutrients (% of daily need)

Calories: 769.62kcal (38.48%), Fat: 43.05g (66.23%), Saturated Fat: 18.11g (113.22%), Carbohydrates: 88.86g (29.62%), Net Carbohydrates: 84.65g (30.78%), Sugar: 57.96g (64.4%), Cholesterol: 145.61mg (48.54%), Sodium: 836.26mg (36.36%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 26.37mg (8.79%), Protein: 11.9g (23.8%), Phosphorus: 395.8mg (39.58%), Copper: 0.62mg (30.95%), Selenium: 20.19µg (28.84%), Vitamin B2: 0.48mg (27.98%), Iron: 4.92mg (27.31%), Calcium: 266.8mg (26.68%), Manganese: 0.49mg (24.72%), Magnesium: 91.88mg (22.97%), Potassium: 599.16mg (17.12%), Fiber: 4.21g (16.85%), Vitamin A: 762.47IU (15.25%), Vitamin E: 2.23mg (14.88%), Folate: 57.55µg (14.39%), Zinc: 2.1mg (13.97%), Vitamin B1: 0.17mg (11.02%), Vitamin B5: 1.07mg (10.66%), Vitamin B12: 0.61µg (10.18%), Vitamin K: 8.3µg (7.91%), Vitamin B3: 1.39mg (6.96%), Vitamin B6: 0.13mg (6.32%), Vitamin D: 0.57µg (3.81%), Vitamin C: 0.91mg (1.1%)