



## Fuzzy Navel Cake I

 Dairy Free

READY IN



45 min.

SERVINGS



10

CALORIES



552 kcal

DESSERT

### Ingredients

- 1.5 cups powdered sugar
- 4 eggs
- 3.5 ounce vanilla pudding instant
- 0.3 cup orange juice
- 0.5 cup peach schnapps
- 15 ounce peaches drained sliced canned
- 1 cup pecans chopped
- 0.7 cup vegetable oil

- 1 cup granulated sugar white
- 18.3 ounce cake mix yellow

## Equipment

- bowl
- frying pan
- oven
- wire rack
- toothpicks
- kugelhopf pan

## Directions

- In a glass container, combine peaches, schnapps, sugar and orange juice. Cover and refrigerate for 24 hours.
- Preheat oven to 350 degrees F (175 degrees C). Grease and flour a 10 inch Bundt pan.
- Drain peaches and reserve the liquid. Chop the peaches.
- In a large bowl, combine cake mix, pudding mix, eggs, oil and 1/2 cup of liquid from the peaches.
- Mix well. Stir in 1 cup chopped peaches and 1 cup of chopped pecans.
- Mix well and pour into a 10 inch Bundt pan.
- Bake at 350 degrees F (175 degrees C) for 50 to 60 minutes, or until a toothpick inserted into cake comes out clean. Cool in pan for 10 minutes, then turn out onto a wire rack and cool completely.
- In a small bowl, combine 1/4 cup liquid from the peaches with 1 1/2 cups confectioners sugar.
- Mix well and drizzle over cake.

## Nutrition Facts



## Properties

Glycemic Index:17.23, Glycemic Load:15.81, Inflammation Score:-4, Nutrition Score:9.7004347365835%

## Flavonoids

Cyanidin: 1.99mg, Cyanidin: 1.99mg, Cyanidin: 1.99mg, Cyanidin: 1.99mg Delphinidin: 0.79mg, Delphinidin: 0.79mg, Delphinidin: 0.79mg, Delphinidin: 0.79mg Catechin: 2.88mg, Catechin: 2.88mg, Catechin: 2.88mg, Catechin: 2.88mg Epigallocatechin: 1.06mg, Epigallocatechin: 1.06mg, Epigallocatechin: 1.06mg, Epigallocatechin: 1.06mg Epicatechin: 1.08mg, Epicatechin: 1.08mg, Epicatechin: 1.08mg, Epicatechin: 1.08mg Epigallocatechin 3-gallate: 0.38mg, Epigallocatechin 3-gallate: 0.38mg, Epigallocatechin 3-gallate: 0.38mg, Epigallocatechin 3-gallate: 0.38mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Hesperetin: 0.74mg, Hesperetin: 0.74mg, Hesperetin: 0.74mg, Hesperetin: 0.74mg Naringenin: 0.13mg, Naringenin: 0.13mg, Naringenin: 0.13mg, Naringenin: 0.13mg Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg

## Nutrients (% of daily need)

Calories: 552.18kcal (27.61%), Fat: 14.1g (21.69%), Saturated Fat: 2.52g (15.78%), Carbohydrates: 99.16g (33.05%), Net Carbohydrates: 96.79g (35.2%), Sugar: 75.16g (83.51%), Cholesterol: 65.47mg (21.82%), Sodium: 470.8mg (20.47%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 5.59g (11.18%), Manganese: 0.62mg (31.17%), Phosphorus: 236.04mg (23.6%), Vitamin B1: 0.21mg (14.29%), Vitamin B2: 0.24mg (13.98%), Calcium: 129.91mg (12.99%), Folate: 50.26µg (12.57%), Selenium: 8.59µg (12.27%), Copper: 0.22mg (11.07%), Iron: 1.85mg (10.26%), Fiber: 2.38g (9.51%), Vitamin E: 1.36mg (9.09%), Vitamin B3: 1.71mg (8.53%), Vitamin K: 8.56µg (8.15%), Zinc: 0.97mg (6.45%), Vitamin B5: 0.63mg (6.29%), Magnesium: 24.56mg (6.14%), Vitamin C: 4.96mg (6.02%), Vitamin B6: 0.11mg (5.29%), Vitamin A: 252.17IU (5.04%), Potassium: 160.32mg (4.58%), Vitamin B12: 0.21µg (3.47%), Vitamin D: 0.35µg (2.35%)