



Fuzzy Navel Cake II

 Dairy Free

READY IN



75 min.

SERVINGS



10

CALORIES



512 kcal

DESSERT

Ingredients

- 1.5 cups powdered sugar
- 4 eggs
- 3 ounce vanilla pudding instant
- 0.3 cup butter melted
- 0.3 cup orange juice
- 0.5 cup peach schnapps
- 15 ounce peaches with juice sliced canned
- 0.7 cup vegetable oil

- 1 cup granulated sugar white
- 18.3 ounce cake mix yellow

Equipment

- bowl
- frying pan
- oven
- blender
- toothpicks
- kugelhopf pan

Directions

- Preheat oven to 350 degrees F (175 degrees C). Grease and flour a 10 inch Bundt pan. In a blender, puree peaches with juice, schnapps, white sugar and orange juice until smooth.
- In a medium bowl, mix together the cake mix, pudding mix, eggs, oil and 1 1/2 cups of the peach mixture.
- Pour batter into prepared pan.
- Bake in the preheated oven for 50 minutes, or until a toothpick inserted into the center of the cake comes out clean. Frost cake while still hot.
- Mix together the confectioners' sugar, margarine and remaining 1/4 cup of the peach mixture.
- Pour over hot cake.

Nutrition Facts



Properties

Glycemic Index:16.23, Glycemic Load:15.76, Inflammation Score:-4, Nutrition Score:7.3639129970385%

Flavonoids

Cyanidin: 0.82mg, Cyanidin: 0.82mg, Cyanidin: 0.82mg, Cyanidin: 0.82mg Catechin: 2.09mg, Catechin: 2.09mg, Catechin: 2.09mg, Catechin: 2.09mg Epigallocatechin: 0.44mg, Epigallocatechin: 0.44mg, Epigallocatechin:

0.44mg, Epigallocatechin: 0.44mg Epicatechin: 1mg, Epicatechin: 1mg, Epicatechin: 1mg, Epicatechin: 1mg
Epigallocatechin 3-gallate: 0.13mg, Epigallocatechin 3-gallate: 0.13mg, Epigallocatechin 3-gallate: 0.13mg,
Epigallocatechin 3-gallate: 0.13mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol:
0.01mg Hesperetin: 0.74mg, Hesperetin: 0.74mg, Hesperetin: 0.74mg, Hesperetin: 0.74mg Naringenin: 0.13mg,
Naringenin: 0.13mg, Naringenin: 0.13mg, Naringenin: 0.13mg Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol:
0.09mg, Kaempferol: 0.09mg Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg

Nutrients (% of daily need)

Calories: 512.29kcal (25.61%), Fat: 10.81g (16.63%), Saturated Fat: 2.8g (17.48%), Carbohydrates: 96.38g (32.13%),
Net Carbohydrates: 95.05g (34.56%), Sugar: 73.6g (81.78%), Cholesterol: 65.47mg (21.82%), Sodium: 515.32mg
(22.41%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.64g (9.28%), Phosphorus: 207.12mg (20.71%),
Vitamin B2: 0.23mg (13.26%), Calcium: 123.91mg (12.39%), Folate: 47.92µg (11.98%), Selenium: 8.16µg (11.66%),
Vitamin B1: 0.14mg (9.53%), Vitamin E: 1.39mg (9.25%), Vitamin A: 449.06IU (8.98%), Iron: 1.57mg (8.72%), Vitamin
B3: 1.58mg (7.9%), Vitamin K: 8.18µg (7.79%), Manganese: 0.13mg (6.64%), Vitamin C: 4.85mg (5.88%), Vitamin B5:
0.54mg (5.4%), Fiber: 1.32g (5.29%), Copper: 0.09mg (4.51%), Vitamin B6: 0.08mg (4.17%), Vitamin B12: 0.21µg
(3.57%), Potassium: 117.73mg (3.36%), Zinc: 0.47mg (3.15%), Magnesium: 11.54mg (2.88%), Vitamin D: 0.35µg
(2.35%)