

Game Day Cupcakes

READY IN

125 min.



DESSERT

Ingredients

1 box duncan hines devil's food cake

- 24 servings purple gel food coloring
- 1 container fluffy frosting white
- 4 fruit (from 5-oz box)
- 4.3 oz chocolate icing white
- 24 chocolate (from 3 oz box)
- 24 pretzel sticks thin
- 24 servings frangelico
- 24 servings frangelico

Equipment
bowl
oven
Directions
Heat oven to 350F (325F for dark or nonstick pans).
Place paper baking cup in each of 24 regular-size muffin pans.
Make and bake cake as directed on box for 24 cupcakes. Cool in pans 10 minutes; remove from pans to cooling racks. Cool completely, about 30 minutes.
To create your favorite team colors, divide 3/4 cup frosting between two small bowls.
Add desired food color to each bowl, and stir until thoroughly blended.
Spread frosting over cupcakes; sprinkle with stars. For footballs, pipe laces on almonds with decorator frosting.
Cut each fruit snack into 6 triangles. Wrap each triangle around one end of each pretzel for flag. Decorate each cupcake with a football and flag. Store loosely covered.
Nutrition Facts
PROTEIN 2.62% FAT 37.9% CARBS 59.48%
Droportics

Properties

Equipment

Glycemic Index:8.82, Glycemic Load:13.97, Inflammation Score:-3, Nutrition Score:5.7752174190853%

Nutrients (% of daily need)

Calories: 365.23kcal (18.26%), Fat: 16.41g (25.24%), Saturated Fat: 6.94g (43.38%), Carbohydrates: 57.95g (19.32%), Net Carbohydrates: 54.76g (19.91%), Sugar: 45.07g (50.08%), Cholesterol: Omg (0%), Sodium: 207.96mg (9.04%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 20.46mg (6.82%), Protein: 2.55g (5.1%), Copper: 0.29mg (14.49%), Fiber: 3.19g (12.76%), Vitamin B2: 0.19mg (11.12%), Magnesium: 44.25mg (11.06%), Iron: 1.88mg (10.44%), Phosphorus: 103.81mg (10.38%), Manganese: 0.2mg (10.18%), Vitamin K: 9.07µg (8.64%), Potassium: 216.78mg (6.19%), Vitamin A: 227.04IU (4.54%), Selenium: 3.06µg (4.38%), Zinc: 0.65mg (4.36%), Vitamin E: 0.65mg (4.31%), Vitamin B3: 0.85mg (4.25%), Folate: 16.4µg (4.1%), Calcium: 38.34mg (3.83%), Vitamin B1: 0.05mg (3.32%), Vitamin C: 1.66mg (2.01%), Vitamin B6: 0.03mg (1.57%)