

Game Night Margaritas

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN

ready

5 min.

SERVINGS

servings

6

CALORIES

calories

364 kcal

BEVERAGE

DRINK

Ingredients

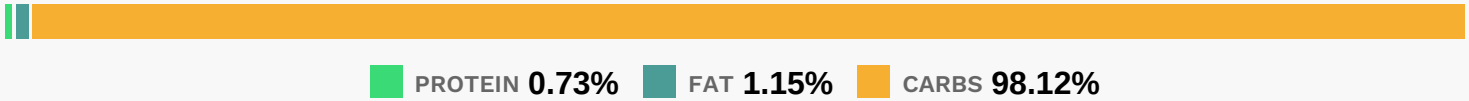
- ☐ 0.3 cup grenadine syrup
- ☐ 0.3 cup kosher salt
- ☐ 1 cup juice of lime
- ☐ 2 cups tequila
- ☐ 1 cup triple sec
- ☐ 0.3 cup water

Equipment

Directions

- ☐
- To rim the glasses, first dip in water then into kosher salt.
- ☐
- In a pitcher filled with ice combine, tequila, Triple Sec, grenadine and lime juice. Stir and pour into rimmed cocktail glasses.

Nutrition Facts



Properties

Glycemic Index:19.17, Glycemic Load:11.9, Inflammation Score:-4, Nutrition Score:1.460000006401%

Flavonoids

Eriodictyol: 0.88mg, Eriodictyol: 0.88mg, Eriodictyol: 0.88mg, Eriodictyol: 0.88mg Hesperetin: 3.62mg, Hesperetin: 3.62mg, Hesperetin: 3.62mg, Hesperetin: 3.62mg Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg Quercetin: 0.21mg, Quercetin: 0.21mg, Quercetin: 0.21mg, Quercetin: 0.21mg

Nutrients (% of daily need)

Calories: 363.67kcal (18.18%), Fat: 0.15g (0.22%), Saturated Fat: 0.04g (0.28%), Carbohydrates: 27.96g (9.32%), Net Carbohydrates: 27.8g (10.11%), Sugar: 21.62g (24.03%), Cholesterol: 0mg (0%), Sodium: 4725.6mg (205.46%), Alcohol: 36.95g (100%), Alcohol %: 23.48% (100%), Caffeine: 10.23mg (3.41%), Protein: 0.21g (0.42%), Vitamin C: 12.1mg (14.67%), Copper: 0.05mg (2.66%), Manganese: 0.04mg (2.03%), Potassium: 66.54mg (1.9%), Magnesium: 5.34mg (1.33%), Phosphorus: 11.92mg (1.19%), Vitamin B1: 0.02mg (1.1%), Calcium: 10.32mg (1.03%), Folate: 4.03µg (1.01%)