



Garlic Butter Crusted Margherita Pizza

READY IN



40 min.

SERVINGS



6

CALORIES



335 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- 0.3 cup basil fresh
- 2 tablespoons butter softened
- 3 cups cherry tomatoes halved
- 8 oz mozzarella fresh thinly sliced
- 2 teaspoons olive oil
- 1 can pizza dough refrigerated
- 0.5 teaspoon roasted garlic chopped
- 1 tablespoon roasted garlic chopped
- 0.5 teaspoon salt

Equipment

- bowl
- frying pan
- baking sheet
- oven

Directions

- Heat oven to 400F. Grease large dark or nonstick cookie sheet with shortening or cooking spray; set aside.
- In 10-inch nonstick skillet, heat oil over medium-high heat until hot.
- Add tomatoes, 1/2 teaspoon roasted garlic and the salt. Reduce heat to medium; cook 10 to 15 minutes or until tomatoes are thickened, stirring frequently. Set aside; cool slightly.
- Unroll dough on cookie sheet. Press out dough to 15x10-inch rectangle. In small bowl, mix butter and 1 tablespoon roasted garlic.
- Spread over dough.
- Bake 7 minutes; remove from oven.
- Evenly distribute tomato mixture over partially baked crust. Top with mozzarella cheese.
- Bake 7 to 9 minutes or until cheese is melted and crust is golden brown.
- Sprinkle basil strips over pizza before serving.

Nutrition Facts

  
 PROTEIN **16.79%**  FAT **41.5%**  CARBS **41.71%**

Properties

Glycemic Index:34.5, Glycemic Load:0.38, Inflammation Score:-5, Nutrition Score:7.9313043977903%

Flavonoids

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg Quercetin: 0.55mg, Quercetin: 0.55mg, Quercetin: 0.55mg, Quercetin: 0.55mg

Nutrients (% of daily need)

Calories: 334.95kcal (16.75%), Fat: 15.68g (24.13%), Saturated Fat: 8.07g (50.43%), Carbohydrates: 35.45g (11.82%), Net Carbohydrates: 33.9g (12.33%), Sugar: 6.31g (7.01%), Cholesterol: 39.89mg (13.3%), Sodium: 940.48mg (40.89%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 14.28g (28.56%), Vitamin C: 17.66mg (21.41%), Calcium: 204.97mg (20.5%), Phosphorus: 158.77mg (15.88%), Vitamin A: 789.34IU (15.79%), Vitamin B12: 0.87µg (14.5%), Iron: 2.5mg (13.89%), Selenium: 7.07µg (10.1%), Zinc: 1.24mg (8.26%), Vitamin K: 8.26µg (7.87%), Vitamin B2: 0.13mg (7.5%), Manganese: 0.13mg (6.4%), Fiber: 1.55g (6.19%), Potassium: 201.61mg (5.76%), Vitamin E: 0.8mg (5.32%), Vitamin B6: 0.09mg (4.71%), Magnesium: 15.4mg (3.85%), Copper: 0.07mg (3.44%), Folate: 13.2µg (3.3%), Vitamin B1: 0.04mg (2.79%), Vitamin B3: 0.46mg (2.29%), Vitamin B5: 0.17mg (1.66%), Vitamin D: 0.15µg (1.01%)