

Gazpacho Shooters

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



10 min.

SERVINGS



10

CALORIES



14 kcal

SIDE DISH

Ingredients

- 0.8 cup cucumber seedless finely chopped
- 16 oz mild salsa refrigerated
- 0.5 cup water
- 1 cup bloody mary mix
- 1 cup bloody mary mix

Equipment

Directions

- Stir together 1 (16-oz.) container refrigerated mild salsa, 1 cup Bloody Mary mix, 3/4 cup finely chopped seedless cucumber, and 1/2 cup water. Cover and chill until ready to serve.
- Serve gazpacho in 2- to 4-oz. shot glasses.
- Garnish with cucumber sticks, if desired.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:1.8465217377829%

Flavonoids

Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg

Nutrients (% of daily need)

Calories: 14.32kcal (0.72%), Fat: 0.09g (0.15%), Saturated Fat: 0.01g (0.08%), Carbohydrates: 3.34g (1.11%), Net Carbohydrates: 2.48g (0.9%), Sugar: 1.86g (2.06%), Cholesterol: 0mg (0%), Sodium: 298.3mg (12.97%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.7g (1.41%), Vitamin A: 225.91IU (4.52%), Vitamin B6: 0.08mg (4.15%), Vitamin E: 0.56mg (3.7%), Potassium: 128.49mg (3.67%), Fiber: 0.86g (3.42%), Vitamin K: 3.18µg (3.03%), Manganese: 0.06mg (2.87%), Vitamin B3: 0.52mg (2.58%), Magnesium: 7.94mg (1.98%), Copper: 0.03mg (1.73%), Phosphorus: 16.39mg (1.64%), Calcium: 14.3mg (1.43%), Vitamin C: 1.08mg (1.31%), Vitamin B1: 0.02mg (1.2%), Iron: 0.21mg (1.18%), Vitamin B5: 0.11mg (1.12%), Vitamin B2: 0.02mg (1.01%)