



German Chocolate Chiparoos

 Dairy Free

READY IN



60 min.

SERVINGS



24

CALORIES



121 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 cup butter softened
- ☐ 1 pouch chocolate chip cookie mix betty crocker® (1 lb 1.5 oz)
- ☐ 1 lb betty rich & creamy coconut pecan frosting betty crocker®
- ☐ 1 eggs
- ☐ 0.3 cup cocoa powder unsweetened
- ☐ 0.3 cup water

Equipment

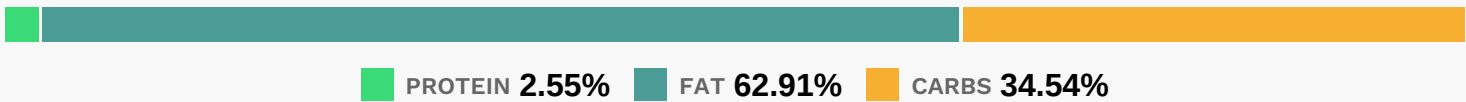
- ☐ bowl

- ☐ baking sheet
- ☐ oven
- ☐ wire rack

Directions

- ☐ Heat oven to 375°F. In medium bowl, stir together butter and egg. Stir in cookie mix, cocoa and water until soft dough forms.
- ☐ Onto ungreased cookie sheet, drop dough by rounded tablespoonfuls about 2 inches apart.
- ☐ Bake 7 to 9 minutes or until cookies are set. Cool 1 minute; remove from cookie sheet to cooling rack. Cool completely, about 15 minutes.
- ☐ Generously frost cookies with coconut pecan frosting.

Nutrition Facts



Properties

Glycemic Index:2.03, Glycemic Load:0.01, Inflammation Score:-2, Nutrition Score:1.6939130508057%

Flavonoids

Catechin: 0.77mg, Catechin: 0.77mg, Catechin: 0.77mg, Catechin: 0.77mg Epicatechin: 2.35mg, Epicatechin: 2.35mg, Epicatechin: 2.35mg, Epicatechin: 2.35mg Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg

Nutrients (% of daily need)

Calories: 121.39kcal (6.07%), Fat: 8.69g (13.37%), Saturated Fat: 2.58g (16.12%), Carbohydrates: 10.74g (3.58%), Net Carbohydrates: 9.82g (3.57%), Sugar: 7.6g (8.45%), Cholesterol: 6.82mg (2.27%), Sodium: 84.58mg (3.68%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.79g (1.59%), Manganese: 0.17mg (8.68%), Fiber: 0.92g (3.66%), Vitamin A: 179.82IU (3.6%), Copper: 0.07mg (3.53%), Phosphorus: 25.41mg (2.54%), Vitamin E: 0.37mg (2.49%), Magnesium: 9.95mg (2.49%), Selenium: 1.21µg (1.72%), Iron: 0.3mg (1.67%), Potassium: 57.9mg (1.65%), Zinc: 0.18mg (1.22%)