



Gimlet Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



149 kcal

BEVERAGE

DRINK

Ingredients

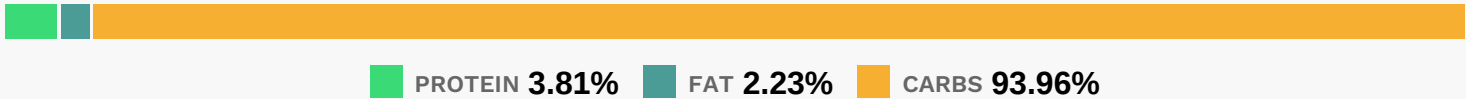
- ☐ 1.5 fluid ounces hendrick's gin
- ☐ 1 cup ice cubes
- ☐ 1 lime wheel
- ☐ 1 fluid ounce juice of lime
- ☐ 1 teaspoon simple syrup glaze

Equipment

Directions

- ☐ Combine gin, lime juice, and simple syrup in a cocktail shaker.
- ☐ Add ice and shake until chilled. Strain into a chilled cocktail glass.
- ☐ Garnish with a lime wheel.

Nutrition Facts



Properties

Glycemic Index:47, Glycemic Load:1.65, Inflammation Score:-4, Nutrition Score:3.4021738897199%

Flavonoids

Eriodictyol: 0.65mg, Eriodictyol: 0.65mg, Eriodictyol: 0.65mg, Eriodictyol: 0.65mg Hesperetin: 31.46mg, Hesperetin: 31.46mg, Hesperetin: 31.46mg, Hesperetin: 31.46mg Naringenin: 2.39mg, Naringenin: 2.39mg, Naringenin: 2.39mg, Naringenin: 2.39mg Quercetin: 0.42mg, Quercetin: 0.42mg, Quercetin: 0.42mg, Quercetin: 0.42mg

Nutrients (% of daily need)

Calories: 148.78kcal (7.44%), Fat: 0.15g (0.24%), Saturated Fat: 0.02g (0.11%), Carbohydrates: 14.64g (4.88%), Net Carbohydrates: 12.65g (4.6%), Sugar: 6.76g (7.51%), Cholesterol: 0mg (0%), Sodium: 18.26mg (0.79%), Alcohol: 14.81g (100%), Alcohol %: 4.88% (100%), Protein: 0.59g (1.19%), Vitamin C: 28.37mg (34.39%), Fiber: 1.99g (7.98%), Copper: 0.1mg (5.01%), Iron: 0.7mg (3.88%), Calcium: 34.26mg (3.43%), Potassium: 108.23mg (3.09%), Vitamin B1: 0.04mg (2.62%), Magnesium: 9.45mg (2.36%), Folate: 8.32µg (2.08%), Vitamin B6: 0.04mg (2.02%), Phosphorus: 18.53mg (1.85%), Vitamin B5: 0.18mg (1.82%), Vitamin E: 0.21mg (1.42%), Vitamin B2: 0.02mg (1.4%), Zinc: 0.15mg (1.01%)