



Ginger-Almond Biscotti

 Dairy Free

READY IN



85 min.

SERVINGS



34

CALORIES



131 kcal

DESSERT

Ingredients

- 0.5 cup butter melted
- 1 teaspoon orange zest grated
- 0.3 cup orange juice fresh
- 2 eggs
- 17.5 oz sugar cookie mix
- 1 cup flour all-purpose
- 0.5 cup slivered almonds
- 0.5 cup peppermint candies white

0.3 cup candied ginger finely chopped

Equipment

- bowl
- baking sheet
- oven
- whisk
- wire rack
- cutting board

Directions

- Heat oven to 350°F. In large bowl, using wire whisk, beat melted butter, grated orange peel, orange juice and eggs. Stir in remaining ingredients until soft dough forms. Divide dough in half. On 1 side of ungreased cookie sheet, shape half of dough into 12x2-inch log. Repeat with remaining dough on same cookie sheet.
- Bake 25 to 30 minutes or until edges are golden brown. Cool on cookie sheet 10 minutes.
- Place logs on cutting board.
- Cut crosswise into 3/4-inch slices.
- Place slices cut sides down on ungreased cookie sheet.
- Bake 15 minutes. Immediately remove from cookie sheet to cooling rack. Cool completely. Store loosely covered.

Nutrition Facts



PROTEIN 5.39% **FAT 39.27%** **CARBS 55.34%**

Properties

Glycemic Index:4.03, Glycemic Load:2.14, Inflammation Score:-1, Nutrition Score:1.5930434784488%

Flavonoids

Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin:

0.01mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Hesperetin: 0.22mg, Hesperetin: 0.22mg, Hesperetin: 0.22mg, Hesperetin: 0.22mg Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 130.69kcal (6.53%), Fat: 5.76g (8.86%), Saturated Fat: 1.74g (10.85%), Carbohydrates: 18.25g (6.08%), Net Carbohydrates: 17.95g (6.53%), Sugar: 9.77g (10.85%), Cholesterol: 9.63mg (3.21%), Sodium: 79.27mg (3.45%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.78g (3.56%), Vitamin E: 0.54mg (3.6%), Vitamin B2: 0.05mg (3.23%), Manganese: 0.06mg (3.12%), Selenium: 2.11µg (3.01%), Vitamin B1: 0.04mg (2.93%), Folate: 11.58µg (2.89%), Vitamin A: 137.3IU (2.75%), Iron: 0.33mg (1.84%), Phosphorus: 17.82mg (1.78%), Vitamin B3: 0.34mg (1.72%), Magnesium: 5.72mg (1.43%), Calcium: 12.79mg (1.28%), Fiber: 0.31g (1.23%), Copper: 0.02mg (1.22%), Vitamin C: 1mg (1.21%)