

SIDE DISH

Ginger-Lime Dressing

6 October 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	4	\$0.36	202 kcal

Ginger-Lime Dressing might be a good recipe to expand your side dish recipe box. This recipe serves 4. Watching your figure? This gluten free, dairy free, and lacto ovo vegetarian recipe has 202 calories, 1g of protein, and 21g of fat per serving.

Ingredients

- ☐ 1 tablespoon grated fresh ginger
- ☐ 1/4 cup fresh lime juice
- ☐ 2 tablespoons soy sauce
- ☐ 1 garlic clove, minced
- ☐ 1/2 cup mayonnaise

Method

- 1 Combine all ingredients, stirring until blended. Cover and chill at least 1 hour.

Nutrition per serving

202

KCAL

1 g

PROTEIN

21 g

FAT

2 g

CARBS

Saturated Fat

3.3 g · 21% of daily needs

Sugar

0.6 g · 1% of daily needs

Sodium

681 mg · 30% of daily needs

Cholesterol

11.8 mg · 4% of daily needs

Vitamin C

4.9 mg · 6% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/ginger-lime-dressing-148370