



## Ginger-Lime Martini

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



45 min.

SERVINGS



8

CALORIES



222 kcal

BEVERAGE

DRINK

### Ingredients

- 1 cup ginger fresh peeled chopped (1 large root)
- 0.3 cup juice of lime fresh divided ()
- 0.8 cup sugar
- 2 cups vodka chilled divided
- 1.5 cups water

### Equipment

- bowl
- sauce pan

sieve

## Directions

- Combine first 3 ingredients in a small saucepan; bring to a boil. Reduce heat; simmer, uncovered, 15 minutes, stirring occasionally. Strain mixture through a sieve into a bowl; discard solids. Chill ginger syrup 1 hour or until very cold.
- Fill a martini shaker with ice.
- Add 1/4 cup chilled ginger syrup, 1/2 cup chilled vodka, and 1 tablespoon lime juice. Shake well; strain into 2 martini glasses. Repeat procedure with remaining ginger syrup, vodka, and lime juice.
- Garnish glasses with lime wedges and mint leaves, if desired.

## Nutrition Facts

 **PROTEIN 1.13%** **FAT 1.59%** **CARBS 97.28%**

## Properties

Glycemic Index:12.51, Glycemic Load:13.37, Inflammation Score:-3, Nutrition Score:0.7865217420394%

## Flavonoids

Eriodictyol: 0.17mg, Eriodictyol: 0.17mg, Eriodictyol: 0.17mg, Eriodictyol: 0.17mg Hesperetin: 0.68mg, Hesperetin: 0.68mg, Hesperetin: 0.68mg, Hesperetin: 0.68mg Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

## Nutrients (% of daily need)

Calories: 222.28kcal (11.11%), Fat: 0.16g (0.24%), Saturated Fat: 0.03g (0.16%), Carbohydrates: 21.44g (7.15%), Net Carbohydrates: 21.17g (7.7%), Sugar: 19.04g (21.16%), Cholesterol: 0mg (0%), Sodium: 4.72mg (0.21%), Alcohol: 20.04g (100%), Alcohol %: 17.8% (100%), Protein: 0.25g (0.5%), Vitamin C: 2.87mg (3.48%), Copper: 0.04mg (2.18%), Potassium: 59.62mg (1.7%), Magnesium: 6.21mg (1.55%), Manganese: 0.03mg (1.48%), Vitamin B6: 0.02mg (1.1%), Fiber: 0.27g (1.08%)