



## Ginger Martini

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



300 kcal

BEVERAGE

DRINK

### Ingredients

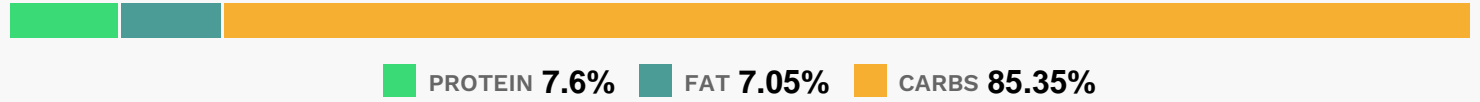
- 1 serving crystallized ginger
- 1 fluid ounce ginger liqueur
- 1 cup ice cubes
- 4 fluid ounces vodka chilled

### Equipment

### Directions

- Place martini glasses in the freezer to frost.
- Fill chilled glass with ice, and pour in ginger liqueur. Allow liqueur to chill for one minute.
- Remove ice cubes, and pour in vodka.
- Garnish with crystallized ginger.

## Nutrition Facts



## Properties

Glycemic Index:30, Glycemic Load:0.7, Inflammation Score:-5, Nutrition Score:1.4369565079232%

## Nutrients (% of daily need)

Calories: 300.09kcal (15%), Fat: 0.22g (0.34%), Saturated Fat: 0.06g (0.38%), Carbohydrates: 6.04g (2.01%), Net Carbohydrates: 5.45g (1.98%), Sugar: 1.26g (1.4%), Cholesterol: 0mg (0%), Sodium: 17.01mg (0.74%), Alcohol: 39.51g (100%), Alcohol %: 12.99% (100%), Protein: 0.54g (1.08%), Copper: 0.12mg (5.83%), Magnesium: 15.08mg (3.77%), Potassium: 123.9mg (3.54%), Manganese: 0.07mg (3.39%), Vitamin B6: 0.05mg (2.37%), Fiber: 0.59g (2.37%), Vitamin C: 1.48mg (1.79%), Phosphorus: 15.97mg (1.6%), Calcium: 11.83mg (1.18%), Vitamin B3: 0.22mg (1.11%), Vitamin B2: 0.02mg (1.08%), Iron: 0.19mg (1.05%)