



Ginger-Rosemary Lemon-Drop Cocktails



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



30 min.

SERVINGS



30

CALORIES



65 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 piece ginger unpeeled sliced into 1/8-in.-thick coins
- ☐ 1 optional: lemon
- ☐ 1 cup juice of lemon fresh (at least 5 lemons)
- ☐ 2 sprigs rosemary for garnish (5 in. each) ()
- ☐ 1.3 cups sugar
- ☐ 1.5 cups citron vodka

Equipment

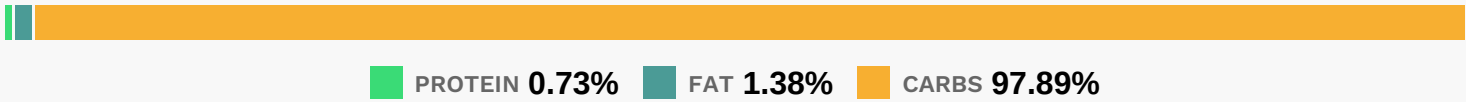
- ☐ bowl

sauce pan

Directions

- Make lemon concentrate: In a medium saucepan, bring 2/3 cup sugar, ginger, 5-in. rosemary sprigs, and 2 1/2 cups water to a boil. Reduce heat to a simmer and cook, stirring occasionally, about 10 minutes.
- Let steep at room temperature 20 minutes. Strain into a medium bowl, discarding rosemary and ginger, and stir in lemon juice.
- Pour remaining 2/3 cup sugar onto a plate. Slice 2 thin slices from lemon and quarter the slices. Insert a 1 1/2-in. rosemary sprig through center of each quarter. With a wedge cut from remaining lemon, moisten the rims of 8 cocktail glasses. Twist rims gently in sugar to coat.
- Fill a large pitcher half-full with ice cubes.
- Pour in vodka and lemon concentrate and stir vigorously. Strain into glasses, dividing evenly. Float a rosemary-skewered lemon quarter in each.

Nutrition Facts



Properties

Glycemic Index:6.52, Glycemic Load:6.27, Inflammation Score:-1, Nutrition Score:0.4456521767475%

Flavonoids

Eriodictyol: 1.17mg, Eriodictyol: 1.17mg, Eriodictyol: 1.17mg, Eriodictyol: 1.17mg Hesperetin: 2.18mg, Hesperetin: 2.18mg, Hesperetin: 2.18mg, Hesperetin: 2.18mg Naringenin: 0.13mg, Naringenin: 0.13mg, Naringenin: 0.13mg, Naringenin: 0.13mg Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg

Nutrients (% of daily need)

Calories: 64.98kcal (3.25%), Fat: 0.06g (0.09%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 9.8g (3.27%), Net Carbohydrates: 9.66g (3.51%), Sugar: 9.17g (10.19%), Cholesterol: 0mg (0%), Sodium: 0.4mg (0.02%), Alcohol: 4.01g (100%), Alcohol %: 15.46% (100%), Protein: 0.07g (0.15%), Vitamin C: 5.07mg (6.15%)